

DRUG QUANTITY MANAGEMENT POLICY - PER RX

POLICY: Antidepressants – Serotonin and Norepinephrine Reuptake Inhibitors Drug Quantity Management Policy – Per Rx

- Cymbalta[®] (duloxetine delayed-release capsules Lilly, generic)
- Desvenlafaxine extended-release tablets (Sun/Ranbaxy [brand product])
- Drizalma Sprinkle[™] (duloxetine delayed-release capsules Sun)
- Duloxetine 40 mg delayed-release capsules (generic only)
- Effexor[®] XR (venlafaxine extended-release capsules Viatris/Pfizer, generic)
- Fetzima[®] (levomilnacipran extended-release capsules AbbVie)
- Pristiq[®] (desvenlafaxine succinate extended-release tablets Wyeth/Pfizer, generic)
- Savella[®] (milnacipran tablets AbbVie)
- Venlafaxine besylate extended-release tablets (Almatica [brand product])
- Venlafaxine hydrochloride tablets (generic only)
- Venlafaxine hydrochloride extended-release tablets (generic only)

Review Date: 07/01/2024

INSTRUCTIONS FOR USE

The following Coverage Policy applies to health benefit plans administered by Cigna Companies. Certain Cigna COMPANIES AND/OR LINES OF BUSINESS ONLY PROVIDE UTILIZATION REVIEW SERVICES TO CLIENTS AND DO NOT MAKE COVERAGE DETERMINATIONS. REFERENCES TO STANDARD BENEFIT PLAN LANGUAGE AND COVERAGE DETERMINATIONS DO NOT APPLY TO THOSE CLIENTS. COVERAGE POLICIES ARE INTENDED TO PROVIDE GUIDANCE IN INTERPRETING CERTAIN STANDARD BENEFIT PLANS ADMINISTERED BY CIGNA COMPANIES. PLEASE NOTE, THE TERMS OF A CUSTOMER'S PARTICULAR BENEFIT PLAN DOCUMENT [GROUP SERVICE AGREEMENT, EVIDENCE OF COVERAGE, CERTIFICATE OF COVERAGE, SUMMARY PLAN DESCRIPTION (SPD) OR SIMILAR PLAN DOCUMENT] MAY DIFFER SIGNIFICANTLY FROM THE STANDARD BENEFIT PLANS UPON WHICH THESE COVERAGE POLICIES ARE BASED. FOR EXAMPLE, A CUSTOMER'S BENEFIT PLAN DOCUMENT MAY CONTAIN A SPECIFIC EXCLUSION RELATED TO A TOPIC ADDRESSED IN A COVERAGE POLICY. IN THE EVENT OF A CONFLICT, A CUSTOMER'S BENEFIT PLAN DOCUMENT ALWAYS SUPERSEDES THE INFORMATION IN THE COVERAGE POLICIES. IN THE ABSENCE OF A CONTROLLING FEDERAL OR STATE COVERAGE MANDATE, BENEFITS ARE ULTIMATELY DETERMINED BY THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT. COVERAGE DETERMINATIONS IN EACH SPECIFIC INSTANCE REQUIRE CONSIDERATION OF 1) THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT IN EFFECT ON THE DATE OF SERVICE; 2) ANY APPLICABLE LAWS/REGULATIONS; 3) ANY RELEVANT COLLATERAL SOURCE MATERIALS INCLUDING COVERAGE POLICIES AND; 4) THE SPECIFIC FACTS OF THE PARTICULAR SITUATION. EACH COVERAGE REQUEST SHOULD BE REVIEWED ON ITS OWN MERITS. MEDICAL DIRECTORS ARE EXPECTED TO EXERCISE CLINICAL JUDGMENT AND HAVE DISCRETION IN MAKING INDIVIDUAL COVERAGE DETERMINATIONS. COVERAGE POLICIES RELATE EXCLUSIVELY TO THE ADMINISTRATION OF HEALTH BENEFIT PLANS. COVERAGE POLICIES ARE NOT RECOMMENDATIONS FOR TREATMENT AND SHOULD NEVER BE USED AS TREATMENT GUIDELINES. IN CERTAIN MARKETS, DELEGATED VENDOR GUIDELINES MAY BE USED TO SUPPORT MEDICAL NECESSITY AND OTHER COVERAGE DETERMINATIONS.

CIGNA NATIONAL FORMULARY COVERAGE:

OVERVIEW

All of the serotonin and norepinephrine reuptake inhibitors (SNRIs), with the exception of Savella, are indicated for the treatment of Major Depressive Disorder (MDD).¹⁻¹⁰ Some of the SNRIs carry additional indications (Table 1).

Table 1. FDA-Appr		GAD	Social		DDN	Chronic	Fibromyolaio
Brand (generic)	MDD		Social Anxiety Disorder	Panic Disorder	DPN Pain	Chronic Musculoskeletal Pain	Fibromyalgia
Cymbalta [®] (duloxetine delayed-release capsules, generic)	X	X ^			x	x	X#
duloxetine 40 mg delayed-release capsules (generic to discontinued Irenka [™])	X	Х^			X	x	
Drizalma Sprinkle [™] (duloxetine delayed-release capsules)	X	X ^			x	X	×
Desvenlafaxine extended-release tablets (brand product)	X						
Pristiq [®] (desvenlafaxine succinate extended-release tablets, generic)	x						
venlafaxine HCl immediate-release tablets (generic to discontinued Effexor [®])	X						
venlafaxine besylate extended-release tablets (brand product)	X	X					
Effexor XR [®] (venlafaxine HCl extended-release capsules, generic)	X	X	X	X			
Venlafaxine HCl extended-release tablets (generic only)	X		X				

Table 1. FDA-Approved Indications in Adults.¹⁻¹⁰

Table 1. FDA-Approved Indications in Adults.¹⁻¹⁰

Brand (generic)	MDD	GAD	Social Anxiety Disorder	Panic Disorder	DPN Pain	Chronic Musculoskeletal Pain	Fibromyalgia
Fetzima [®] (levomilnacipran extended-release capsules)	X						
Savella®							Х

(milnacipran tablets)							
--------------------------	--	--	--	--	--	--	--

MDD – Major Depressive Disorder; GAD – Generalized Anxiety Disorder; DPN – Diabetic Peripheral Neuropathy; $^{\text{Approved}}$ for use in patients \geq 7 years of age with GAD; [#] Approved for use in patients \geq 13 years of age with fibromyalgia.

Dosing and Availability

Dosing and availability for the SNRIs is in the Drug Quantity Limits table below.

POLICY STATEMENT

This Drug Quantity Management program has been developed to promote the safe, effective, and economic use of the serotonin and norepinephrine reuptake inhibitors. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for 1 year in duration unless otherwise noted below.

Drug Quantity Limits

Brand (generic)	FDA-Approved Dosing	Availability	Retail Maximum Quantity per Rxª	Home Delivery Maximum Quantity per Rx ^a
Cymbalta [®] (duloxetine	• <u>MDD</u> : 20 mg BID to 60 mg/day (given either BID or QD). May	20 mg capsules	60 capsules	180 capsules
delayed- release	start with 30 mg QD x 1 week before increasing to 60 mg/day.	30 mg capsules	30 capsules	90 capsules
capsules, generic)	capsules, • Fibromyalgia and chronic	60 mg capsules	60 capsules	180 capsules
duloxetine delayed- release capsules (generic to discontinued Irenka [™])	 <u>MDD</u>: 20 mg BID to 60 mg/day (given either BID or QD). May start with 30 mg QD x 1 week before increasing to 60 mg/day. <u>Chronic musculoskeletal pain</u>: 60 mg/day. Begin with 30 mg/day for 1 week prior to increasing to 60 mg/day. <u>GAD and DPNP pain</u>: 60 mg QD. May use 30 mg QD for elderly or pediatric patients. Maximum doses range from 60 mg to 120 mg/day. 	40 mg capsules	30 capsules	90 capsules

Brand	FDA-Approved Dosing	Availability	Retail	Home
(generic)			Maximum Quantity per Rxª	Delivery Maximum Quantity per Rxª
Drizalma Sprinkle™	• <u>MDD</u> : 20 mg BID to 60 mg/day (given either BID or QD). May	20 mg capsules	60 capsules	180 capsules
(duloxetine delayed-	start with 30 mg QD x 1 week before increasing to 60 mg/day.	30 mg capsules	30 capsules	90 capsules
release capsules)	 Fibromyalgia and chronic musculoskeletal pain: 60 mg/day. GAD and DPNP pain: 60 mg QD. May use 30 mg QD for elderly or pediatric patients. Maximum doses range from 60 	40 mg capsules	30 capsules	90 capsules
		60 mg capsules	60 capsules	180 capsules
Desvenlafaxine extended-	 mg to 120 mg/day. MDD: 50 mg QD (starting dose and therapeutic dose). Doses of 10 mg to 400 mg/day have been studied and were shown to be effective. However, no additional benefit was demonstrated at doses > 50 mg/day and AEs and discontinuations were more frequent at higher doses. Maximum dose in severe renal impairment or ESRD is 25 mg QD or 50 mg every other day. 	50 mg tablets	30 tablets	90 tablets
release tablets (brand product)		100 mg tablets	30 tablets	90 tablets
Pristiq [®] (desvenlafaxine	• <u>MDD</u> : 50 mg QD (starting dose and therapeutic dose). Doses	25 mg tablets	30 tablets	90 tablets
succinate extended-	of 10 mg to 400 mg/day have been studied and were shown	50 mg tablets	30 tablets	90 tablets
generic)	ease tablets, neric) to be effective. However, no additional benefit was demonstrated at doses > 50 mg/day and AEs and discontinuations were more frequent at higher doses. Maximum dose in severe renal impairment or ESRD is 25 mg QD or 50 mg every other day.	100 mg tablets	30 tablets	90 tablets
venlafaxine HCl immediate-	 <u>MDD</u>: 75 mg/day (administered in 2 to 3 divided 	25 mg tablets	90 tablets	270 tablets
release tablets (generic to discontinued Effexor [®]) doses). May be increased (in 75 mg/day increments) to 150 mg/day and further increased to 225 mg/day based on tolerability and desired effect. Doses of up to 350 mg to 375 mg/day (in three divided doses)	75 mg/day increments) to 150	37.5 mg tablets	90 tablets	270 tablets
	50 mg tablets	90 tablets	270 tablets	
		75 mg tablets	90 tablets	270 tablets
	have been studied in severely depressed patients.	100 mg tablets	90 tablets	270 tablets

Drug Quantity Limits (continued)

Reduce the total daily dose by 25% in patients with renal impairment. Reduce the dose by 50% in patients with mild to		
50% in patients with mild to moderate hepatic impairment or those undergoing hemodialysis.		

Drug Quantity Limits (continued)

Brand (generic)	FDA-Approved Dosing	Availability	Retail Maximum Quantity per Rxª	Home Delivery Maximum Quantity per Rxª
Effexor XR [®] (venlafaxine	<u>MDD and GAD</u> : 75 mg/day. Some patients may start at	37.5 mg capsules	30 capsules	90 capsules
HCl extended- release	37.5 mg/day for 4 to 7 days	75 mg capsules	90 capsules	270 capsules
capsules, generic)	 d- 37.5 mg/day for 4 to 7 days before increasing to 75 mg/day. If not responding to 75 mg/day, may increase dose up to a maximum of 225 mg/day in increments of 75 mg/day as needed. Social Anxiety Disorder: 75 mg/day. Panic disorder: 37 mg/day x 7 days, then 75 mg/day up to a maximum of 225 mg/day (increased in 75 mg/day up to a maximum of 225 mg/day increments as needed). Reduce dose by 25% to 50% for patients with mild or moderate renal impairment and by 50% in patients with severe hepatic impairment, hepatic cirrhosis, or those with severe renal impairment/undergoing 	150 mg capsules	30 capsules	90 capsules
Venlafaxine HCl extended-	 <u>MDD</u>: 75 mg QD. Some patients may start at 37.5 mg 	37.5 mg tablets	30 tablets	90 tablets
release tablets (generic only)	QD for 4-7 days before increasing. If no response to	75 mg tablets	30 tablets	90 tablets
	the initial dose, may increase up to 225 mg QD in increments	150 mg tablets	30 tablets	90 tablets
	 of 75 mg/day). 350 mg/day (range 150 mg to 275 mg/day) has been studied in more severely depressed patients. <u>Social Anxiety Disorder</u>: 75 mg QD. Reduce dose by 25% to 50% for patients with mild or moderate renal impairment and by 50% in patients with severe hepatic impairment, hepatic cirrhosis, or those with severe renal 	225 mg tablets	30 tablets	90 tablets

	impairment/undergoing			
	hemodialysis.			
Venlafaxine besylate extended- release tablets (brand product)	 This product is only available as a 112.5 mg tablet, therefore, use another venlafaxine extended-release product for dose initiation, titration, and administration of doses less than 112.5 mg QD. Tablets should be swallowed whole; do not divide, crush, chew, or place in water prior to administration. <u>MDD and GAD</u>: 112.5 mg QD in patients who have received at least 75 mg per day of another venlafaxine extended- release product for at least 4 days. If the patient is not responding to their current venlafaxine dose, they may benefit from a dose increase to a maximum of 225 mg per day. The dose should be increased in increments of up to 75 mg per day, as needed, using another venlafaxine extended-release product, at intervals of 4 days or more. 	112.5 mg tablets	30 tablets	90 tablets

Drug Quantity Limits (continued)

Brand (generic)	FDA-Approved Dosing	Availability	Retail Maximum Quantity per Rxª	Home Delivery Maximum Quantity per Rx ^a
Fetzima [®] (levomilnacipran	 <u>MDD</u>: 40 mg to 120 mg QD (starting at 20 mg QD, 	20 mg capsules	30 capsules	90 capsules
extended- release	increased to 40 mg QD, then increased in 40 mg/day	40 mg capsules	30 capsules	90 capsules
capsules)	intervals). Maximum dose in moderate	80 mg capsules	30 capsules	90 capsules
	renal impairment is 80 mg QD and in severe renal impairment the dose should not exceed 40 mg QD.	120 mg capsules	30 capsules	90 capsules
		Titration Pack (2 x 20 mg capsules and 26 x 40 mg capsules)	1 pack (28	
Savella [®] (milnacipran	Titrate Savella according to the following schedule (based on	12.5 mg tablets	60 tablets	180 tablets
tablets)	efficacy and tolerability): • Day 1: 12.5 mg once	25 mg tablets	60 tablets	180 tablets
	 Days 2-3: 12.5 mg BID Days 4-7: 25 mg BID 	50 mg tablets	60 tablets	180 tablets

• After Day 7: 50 mg BID	100 mg	60 tablets	180 tablets
 May increase to 100 mg BID based on individual patient 	tablets Titration	1 pack (5	5 tablota)
response.	Pack		J lablets)
• In patients with severe renal	(5 x 12.5-		
impairment, the maintenance	mg tablets,		
dose should be reduced by	8 x 25-mg		
50% to 25 mg BID and may	tablets, and		
be increased to 50 mg BID	42 x 50 mg		
based on individual response.	tablets)		

^a When possible, the patient should be referred to higher strength capsule/tablet if a higher dose is needed. MDD – Major depressive disorder; BID – Twice daily; QD – Once daily; GAD – Generalized Anxiety Disorder; DPNP – Diabetic peripheral neuropathy pain; ESRD – End-stage renal disease.

Antidepressants – Serotonin and Norepinephrine Reuptake Inhibitors Drug Quantity Management Policy – Per Rx product(s) is(are) covered as medically necessary when the following criteria is(are) met. Any other exception is considered not medically necessary.

CRITERIA

Duloxetine 20 mg delayed-release capsules (Cymbalta, generic), Drizalma Sprinkle 20 mg delayed-release capsules

- **1.** If the patient is taking 40 mg twice daily, approve 120 capsules per dispensing at retail and 360 capsules per dispensing at home delivery.
- **2.** If the patient is taking 20 mg three times daily or is taking a 40 mg dose and a 20 mg dose per day, approve 90 capsules per dispensing at retail and 270 capsules per dispensing at home delivery.
- **3.** If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 180 capsules per dispensing at retail or 540 capsules per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 120 mg per day.

Duloxetine 30 mg delayed-release capsules (Cymbalta, generic), Drizalma Sprinkle 30 mg delayed-release capsules

- **1.** If the patient is taking 30 mg twice daily, approve 60 capsules per dispensing at retail and 180 capsules per dispensing at home delivery.
- If the patient is taking 30 mg three times daily or is taking a 60 mg dose and a 30 mg dose per day, approve 90 capsules per dispensing at retail and 270 capsules per dispensing at home delivery.
- **3.** If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 120 capsules per dispensing at retail or 360 capsules per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 120 mg per day.

Duloxetine 40 mg delayed-release capsules (generic to discontinued Irenka), Drizalma Sprinkle 40 mg delayed-release capsules

1. If the patient is taking a dose of 80 mg per day, approve 60 capsules per dispensing at retail and 180 capsules per dispensing at home delivery.

Duloxetine 60 mg delayed-release capsules (Cymbalta, generic), Drizalma Sprinkle 60 mg delayed-release capsules

No overrides recommended.

Desvenlafaxine 25 mg extended-release tablets (Pristiq, generic)

1. If the patient requires the dose to be divided twice daily, approve the requested quantity, not to exceed 480 tablets per dispensing at retail or 1,440 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 400 mg per day.

2. If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 480 tablets per dispensing at retail or 1,440 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 400 mg per day.

Desvenlafaxine 50 mg extended-release tablets and desvenlafaxine 50 mg extended-release tablets (Pristiq, generic)

1. If the patient requires the dose to be divided twice daily, approve the requested quantity, not to exceed 240 tablets per dispensing at retail or 720 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 400 mg per day.

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 240 tablets per dispensing at retail or 720 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 400 mg per day.

Desvenlafaxine 100 mg extended-release tablets and desvenlafaxine 100 mg extended-release tablets (Pristiq, generic)

 If the patient has been started and stabilized on a dose greater than 100 mg per day or if the patient has been receiving 100 mg daily and the dose is now being increased, approve the requested quantity, not to exceed 120 tablets per dispensing at retail or 360 tablets per dispensing at home delivery. <u>Note</u>: This override provides for a dose up to 400 mg per day.

Venlafaxine HCl 25 mg immediate-release tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 450 tablets per dispensing at retail or 1,350 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 37.5 mg immediate-release tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 300 tablets per dispensing at retail or 900 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 50 mg immediate-release tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 210 tablets per dispensing at retail or 630 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 350 mg per day.

Venlafaxine HCl 75 mg immediate-release tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 150 tablets per dispensing at retail or 450 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

2. If the patient has been started and stabilized on a dose greater than 300 mg per day or if the patient has been receiving 300 mg per day and the dose is now being increased, approve the requested quantity, not to exceed 150 tablets per dispensing at retail or 450 tablets per dispensing at home delivery. <u>Note</u>: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 100 mg immediate-release tablets No overrides recommended.

Venlafaxine HCl 37.5 mg extended-release capsules (Effexor XR, generic)

- **1.** If the patient is taking 37.5 mg twice daily, approve 60 capsules per dispensing at retail and 180 capsules per dispensing at home delivery.
- 2. If the patient is taking a dose that does not correspond to a commercially-available dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 300 capsules per dispensing at retail or 900 capsules per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 75 mg extended-release capsules (Effexor XR, generic)

1. If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets

be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 150 capsules per dispensing at retail or 450 capsules per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

2. If the patient has been started and stabilized on a dose greater than 225 mg per day or if the patient has been receiving 225 mg daily and the dose is now being increased, approve the requested quantity, not to exceed 150 capsules per dispensing at retail or 450 capsules per dispensing at home delivery. <u>Note</u>: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 150 mg extended-release capsules (Effexor XR, generic)

 If the patient has been started and stabilized on a dose greater than 225 mg per day or if the patient has been receiving 225 mg per day and the dose is now being increased, approve the requested quantity, not to exceed 60 capsules per dispensing at retail or 180 capsules per dispensing at home delivery. <u>Note</u>: This override provides for a dose up to 300 mg per day.

Venlafaxine HCl 37.5 mg extended-release tablets (generic)

- **1.** If the patient is taking 37.5 mg twice daily, approve 60 capsules per dispensing at retail and 180 tablets per dispensing at home delivery.
- 2. If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 300 tablets per dispensing at retail or 900 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 75 mg extended-release tablets (generic)

- **1.** If the patient is taking 75 mg twice daily, approve 60 capsules per dispensing at retail and 180 tablets per dispensing at home delivery.
- 2. If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 150 tablets per dispensing at retail or 450 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 375 mg per day.

3. If the patient has been started and stabilized on a dose greater than 225 mg per day or if the patient has been receiving 225 mg per day and the dose is now being increased, approve the requested quantity, not to exceed 150 tablets per dispensing at retail or 450 tablets per dispensing at home delivery. Note: This override provides for a dose up to 375 mg per day.

Venlafaxine HCl 150 mg extended-release tablets (generic)

1. If the patient is taking 300 mg per day (as a single or divided dose), approve 60 tablets per dispensing at retail and 180 tablets per dispensing at home delivery.

Venlafaxine HCl 225 mg extended-release tablets

No overrides recommended.

Venlafaxine besylate 112.5 mg extended-release tablets

1. If the patient is taking 225 mg per day (as a single or divided dose), approve 60 tablets per dispensing at retail and 180 tablets per dispensing at home delivery.

Fetzima 20 mg extended-release capsules

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 150 capsules per dispensing at retail or 450 capsules per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 100 mg per day.

Fetzima 40 mg extended-release capsules

- **1.** If the patient requires a dose of 40 mg twice daily, approve 60 capsules per dispensing at retail and 180 capsules per dispensing at home delivery.
- **2.** If the patient requires a dose of 40 mg three times daily, approve 90 capsules per dispensing at retail and 270 capsules per dispensing at home delivery.

<u>Fetzima 80 mg and 120 mg extended-release capsules and Fetzima Titration Pack</u> No overrides recommended.

Savella 12.5 mg tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 480 tablets per dispensing at retail or 1,440 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 200 mg per day.

Savella 25 mg tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 240 tablets per dispensing at retail or 720 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 200 mg per day.

Savella 50 mg tablets

 If the patient is taking a dose that does not correspond to a commerciallyavailable dosage form (that is, the dose requires multiple same strength tablets be used AND would otherwise require two or more strengths be used), approve the requested quantity, not to exceed 120 tablets per dispensing at retail or 360 tablets per dispensing at home delivery.

<u>Note</u>: This override provides for a dose up to 200 mg per day.

Savella 100 mg tablets and Titration Pack

No overrides recommended.

REFERENCES

- 1. Cymbalta[®] capsules [prescribing information]. Indianapolis, IN: Lilly; August 2023.
- 2. Desvenlafaxine extended-release tablets [prescribing information]. Cranbury, NJ: Sun; August 2023.
- 3. Drizalma Sprinkle[™] delayed-release capsules [prescribing information]. Cranbury, NJ: Sun; August 2023.
- 4. Duloxetine delayed-release capsules [prescribing information]. Baltimore, MD: Lupin; December 2023.
- 5. Effexor XR[®] extended-release capsules [prescribing information]. Morgantown, WV: Viatris; August 2023.
- 6. Fetzima[®] extended-release capsules [prescribing information]. North Chicago, IL: Abbvie; April 2024.
- 7. Pristiq[®] extended-release tablets [prescribing information]. Philadelphia, PA: Wyeth/Pfizer; August 2023.
- 8. Savella® tablets [prescribing information]. North Chicage, IL: AbbVie; May 2024.
- 9. Venlafaxine hydrochloride tablets [prescribing information]. Parsippany, NJ: Teva; August 2023.
- 10. Venlafaxine hydrochloride extended-release tablets [prescribing information]. Cranbury, NJ: Sun; September 2023.
- 11. Venlafaxine besylate extended-release tablets [prescribing information]. Morristown, NJ: Almatica; August 2023.

HISTORY

Type of Revision	Summary of Changes	Review Date
Annual Revision	No criteria changes.	06/08/2023
	Khedezla (desvenlafaxine 50 mg and 100 mg extended-release tablets) were removed from the policy (obsolete for more than 3 years).	
	Throughout policy, override quantities were updated to reflect maximum capsule/tablet numbers. Previously, override quantities per listed as a maximum dose per day.	
Annual Revision	No criteria changes.	07/01/2024

"Cigna Companies" refers to operating subsidiaries of The Cigna Group. All products and services are provided exclusively by or through such operating subsidiaries, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of The Cigna Group. © 2024 The Cigna Group.