Cigna National Formulary Coverage Policy



Drug Quantity Management – Per Days Opioids – Fentanyl Transdermal Products

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INSTRUCTIONS FOR USE

The following Coverage Policy applies to health benefit plans administered by Cigna Companies. Certain Cigna Companies and/or lines of business only provide utilization review services to clients and do not make coverage determinations. References to standard benefit plan language and coverage determinations do not apply to those clients. Coverage Policies are intended to provide guidance in interpreting certain standard benefit plans administered by Cigna Companies. Please note, the terms of a customer's particular benefit plan document [Group Service Agreement, Evidence of Coverage, Certificate of Coverage, Summary Plan Description (SPD) or similar plan document] may differ significantly from the standard benefit plans upon which these Coverage Policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a Coverage Policy. In the event of a conflict, a customer's benefit plan document always supersedes the information in the Coverage Policies. In the absence of a controlling federal or state coverage mandate, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of 1) the terms of the applicable benefit plan document in effect on the date of service; 2) any applicable laws/regulations; 3) any relevant collateral source materials including Coverage Policies and; 4) the specific facts of the particular situation. Coverage Policies relate exclusively to the administration of health benefit plans. Coverage Policies are not recommendations for treatment and should never be used as treatment guidelines. In certain markets, delegated vendor guidelines may be used to support medical necessity and other coverage determinations.

National Formulary Medical Necessity

Drugs Affect

- Duragesic® (fentanyl transdermal system generic)
- fentanyl transdermal system generic only

This Drug Quantity Management program has been developed to prevent stockpiling and waste, as well as address potential order entry error, of fentanyl transdermal products. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for 1 year in duration.

Drug Quantity Limits

Product	Strength and Form	Maximum Quantity per 30 Days
Duragesic [®]	12 mcg/hour	
(fentanyl transdermal system, generic)	25 mcg/hour	
	50 mcg/hour	15 systems
	75 mcg/hour	
	100 mcg/hour	
Fentanyl transdermal system	12 mcg/hour	
	25 mcg/hour	15 systems
	37.5 mcg/hour	

Product	Strength and Form	Maximum Quantity per 30 Days
(generic only)	50 mcg/hour	
	62.5 mcg/hour	
	75 mcg/hour	
	87.5 mcg/hour]
	100 mcg/hour]

Criteria

Cigna covers quantities as medically necessary when the following criteria are met:

<u>Duragesic (generic)</u>, fentanyl transdermal system 12 mcg/hr, 25 mcg/hr, 37.5 mcg/hr, 50 mcg/hr, 62.6 mcg/hr, 75 mcg/hr, 87.5 mcg/hr

No overrides recommended.

<u>Note</u>: For individuals requesting greater quantities because they are up-titrating doses, they should be referred to the next higher strength patch.

Duragesic (generic), fentanyl transdermal patch 100 mcg/hr

1. If the individual needs a dose greater than 100 mcg/hr, approve the requested quantity per 30 days.

Conditions Not Covered

Any other exception is considered not medically necessary.

Background

Overview

Transdermal fentanyl systems are indicated for the management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate.^{1,2}

Dosing

When converting to transdermal fentanyl from other opioids, the recommended starting dose is intended to minimize the potential for overdose. The use of transdermal fentanyl systems should be limited to the minimum effective dose and duration. When transdermal fentanyl systems are started, all other around-the-clock opioids should be discontinued.

The dosing interval for transdermal fentanyl systems is 72 hours.^{1,2} The initial dose should not be increased for at least 3 days after the initial application. The dose is titrated based on the daily dose of supplemental opioid analgesics required by the patient on the second or third day of the initial application. It may take up to 6 days for fentanyl levels to reach equilibrium on a new dose. Therefore, patients should not be evaluated for further dose titration until at least two 3-day applications have occurred. Dose increases should be based on the daily dosage of supplementary opioids, using the ratio of 45 mg/24 hours of oral morphine to a 12 mcg/hour increase in fentanyl transdermal patch dose.

A small proportion of adult patients may not achieve adequate analgesia using a 72-hour dosing interval and may require system to be applied at 48 hour intervals. Application every 48 hours is only intended for patients without adequate pain control using a 72-hour regimen. An increase in the dose should be evaluated before changing dosing intervals in order to maintain patients on a 72-hour regimen.

Availability

Transdermal fentanyl systems are available as Duragesic as well as generic transdermal fentanyl systems.^{1,2} The Duragesic brand product has been recently discontinued; however, supply may still be available. There are some differences between the Duragesic product and generic transdermal fentanyl system related to available strengths and patch size.

Duragesic has been available in the following strengths: 12 mcg/hour, 25 mcg/hour, 75 mcg/hour, and 100 mcg/hour.¹ The patch sizes range from 5.5 cm² to 44 cm².

Generic fentanyl transdermal systems are available in the following strengths: 12 mcg/hour, 25 mcg/hour, 37.5 mcg/hour, 50 mcg/hour, 62.5 mcg/hour, 75 mcg/hour, 87.5 mcg/hour or 100 mcg/hour of fentanyl.² Each of the systems is a different size ranging from 3.13 cm² to 25 cm².

For both the Duragesic and generic transdermal fentanyl systems, the lowest labeled strength, 12 mcg/hr, is actually 12.5 mcg/hour, but is labeled as 12 mcg/hour to distinguish it from a possible 125 mcg/hour dosage that could be prescribed by using multiple transdermal systems.^{1,2}

Duragesic and generic transdermal fentanyl systems are supplied in cartons containing five individual child-resistant packaged systems.^{1,2} The generic fentanyl system are also supplied in cartons containing one individually packaged system.

References

- 1. Duragesic® transdermal system [prescribing information]. Titusville, NJ: Janssen Pharmaceuticals; March 2021.
- 2. Fentanyl transdermal system [prescribing information]. Morgantown, WV: Mylan Pharmaceuticals; March 2021.

Revision History

Type of Revision	Summary of Changes	Approval Date
Annual Revision	Duragesic 37.5 mcg/hr patches (brand) were removed; these are no longer available.	04/20/2022
	Duragesic (generic), fentanyl transdermal patch 100 mcg/hr. For patients requiring a dose greater than 100 mcg/hr, criteria were updated to approve the requested quantity per 30 days. Previously, criteria approved "a quantity sufficient to allow for up to a 400 mcg/hr with every 48 hour dosing". Criteria for patients requiring a dose greater than 400 mcg/hr every 48 hours was removed (no longer needed based on the change for patients requiring a dose greater than 100 mcg/hr). Previously, the requested quantity was approved if the patient required a dose greater than 400 mcg/hr every 48 hours and the patient met one of the following: 1) The patient was currently on the requested dose and was stable, according to the prescriber; or 2) The medication was being up titrated to the requested dose and the dose was necessary to control the patients pain.	

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