

# **PRIOR AUTHORIZATION POLICY**

**POLICY:** Oncology – Bexarotene (Topical) Prior Authorization Policy

Targretin® (bexarotene 1% gel – Bausch Health, generic)

**REVIEW DATE:** 11/22/2023

#### INSTRUCTIONS FOR USE

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# CIGNA NATIONAL FORMULARY COVERAGE:

# **OVERVIEW**

Bexarotene gel is indicated for the topical treatment of cutaneous lesions in patients with **cutaneous T-cell lymphoma** (Stage 1A and 1B) who have refractory or persistent disease after other therapies or who have not tolerated other therapies.<sup>1</sup>

#### **Guidelines**

National Comprehensive Cancer Network (NCCN) Primary Cutaneous Lymphomas guidelines (version 1.2023 – January 5, 2023) recommend topical bexarotene as an option for the treatment of cutaneous lymphomas (e.g., mycosis fungoides, Sézary syndrome, T-cell lymphoma), as initial therapy and for relapsed/refractory cases. NCCN notes there are case reports demonstrating efficacy of topical bexarotene in treating primary cutaneous B-cell lymphomas in children. The NCCN T-Cell Lymphomas guidelines (version 1.2023 – January 5, 2023) recommend skin-directed therapies (refers to bexarotene in primary cutaneous lymphomas guidelines) for first-line therapy (category 2A) of chronic/smoldering adult T-cell leukemia/lymphoma subtype.<sup>4</sup>

## **POLICY STATEMENT**

Prior Authorization is recommended for prescription benefit coverage of bexarotene gel. All approvals are provided for the duration noted below. Because of the Page 1 of 3 - Cigna National Formulary Coverage - Policy:Oncology – Bexarotene (Topical) Prior Authorization Policy

specialized skills required for evaluation and diagnosis of patients treated with bexarotene gel as well as the monitoring required for adverse events and long-term efficacy, approval requires bexarotene gel to be prescribed by or in consultation with a physician who specializes in the condition being treated.

• Targretin® (bexarotene 1% gel – Bausch Health, generic) is(are) covered as medically necessary when the following criteria is(are) met for FDA-approved indication(s) or other uses with supportive evidence (if applicable):

# **FDA-Approved Indication**

- **1. Cutaneous T-Cell Lymphoma.** Approve for 1 year if the patient meets the following (A <u>and</u> B):
  - A) Patient has cutaneous manifestations/lesions; AND
  - **B)** The medication is prescribed by or in consultation with an oncologist or a dermatologist.

# **Other Uses with Supportive Evidence**

- **2. Adult T-Cell Leukemia/Lymphoma.** Approve for 1 year if the patient meets the following (A, B, and C):
  - A) Patient has chronic/smoldering subtype; AND
  - **B)** The medication is used as first-line therapy; AND
  - **C)** The medication is prescribed by or in consultation with an oncologist or a dermatologist.

## **CONDITIONS NOT COVERED**

• Targretin® (bexarotene 1% gel – Bausch Health, generic) is(are) considered experimental, investigational or unproven for ANY other use(s)

#### REFERENCES

- 1. Targretin® gel [prescribing information]. Bridgewater, NJ: Bausch Health; February 2020.
- 2. The NCCN Primary Cutaneous Lymphomas Clinical Practice Guidelines in Oncology (version 1.2023 January 5, 2023). © 2023 National Comprehensive Cancer Network. Available at: <a href="http://www.nccn.org">http://www.nccn.org</a>. Accessed on November 20, 2023.
- 3. The NCCN Drugs & Biologics Compendium. © 2023 National Comprehensive Cancer Network. Available at: <a href="http://www.nccn.org">http://www.nccn.org</a>. Accessed on November 20, 2023. Search terms: bexarotene gel.
- The NCCN T-Cell Lymphomas Clinical Practice Guidelines in Oncology (version 1.2023 January 5, 2023). © 2023 National Comprehensive Cancer Network. Available at: <a href="http://www.nccn.org">http://www.nccn.org</a>. Accessed on November 20, 2023.

## **HISTORY**

Type of Revision	Summary of Changes	Review Date
Annual Revision	<b>Cutaneous T-Cell Lymphoma.</b> Generic bexarotene gel is now available. Added requirement that generic bexarotene gel is requested or patient had previously tried the generic product. For patients who had previously tried the generic, added requirement that the patient is unable to use to the generic product due to a formulation difference in inactive ingredient(s) [e.g., difference in buffers, emollients, emulsifiers, preservatives, surfactants] between the brand and the bioequivalent generic product which, per the prescriber, would result in a significant allergy or a serious adverse reaction [documentation required]. <b>Policy name change</b> : Policy name was changed from Oncology – Targretin (Topical) PA to Oncology – Bexarotene (Topical) PA with Step Therapy.	11/02/2022
Selected	Cutaneous T-Cell Lymphoma. Criterion "Patient has cutaneous	01/25/2023
Revision	lesions" was revised to "Patient has cutaneous manifestations/lesions". The requirements for use of generic bexarotene gel before brand Targretin was removed. Policy name is changed to remove "with Step Therapy" from the title.	Effective date – to be determined
Annual Revision	<b>Adult T-Cell Leukemia/Lymphoma.</b> Added new indication and approval criteria under "Other Uses with Supportive Evidence".	11/22/2023

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