



Prior Authorization Parkinson's Disease – Lodosyn® (carbidopa tablets, generic)

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Product Identifier(s)

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INSTRUCTIONS FOR USE

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National Formulary Medical Necessity

Cigna covers carbidopa (Lodosyn®) as medically necessary when the following criteria are met for FDA Indications or Other Uses with Supportive Evidence:

Prior Authorization is recommended for prescription benefit coverage of carbidopa. All approvals are provided for the duration noted below. Because of the specialized skills required for evaluation and diagnosis of patients treated with carbidopa as well as the monitoring required for adverse events and long-term efficacy, approval requires carbidopa to be prescribed by or in consultation with a physician who specializes in the condition being treated.

FDA Indication(s)

- 1. Parkinson's Disease.** Approve for 1 year if the patient meets both of the following criteria (A and B):
 - A)** Patient is currently receiving carbidopa/levodopa therapy; AND
 - B)** The medication is being prescribed by or in consultation with a neurologist.

2. **Postencephalitic Parkinsonism.** Approve for 1 year if the patient meets both of the following criteria (A and B):
A) Patient is currently receiving carbidopa/levodopa therapy; AND
B) The medication is being prescribed by or in consultation with a neurologist.
3. **Symptomatic Parkinsonism.** Approve for 1 year if the patient meets both of the following criteria (A and B):
A) Patient is currently receiving carbidopa/levodopa therapy; AND
B) The medication is being prescribed by or in consultation with a neurologist.

Conditions Not Covered

Carbidopa (Lodosyn®) is considered experimental, investigational or unproven for ANY other use.

Background

Overview

Carbidopa, an aromatic amino acid decarboxylation inhibitor, is indicated for use with carbidopa-levodopa or with levodopa for the following uses:¹

- **Parkinson's disease**, idiopathic.
- **Postencephalitic parkinsonism.**
- **Symptomatic parkinsonism**, which may follow injury to the nervous system by carbon monoxide intoxication and/or manganese intoxication.

References

1. Lodosyn® tablets [prescribing information] Bridgewater, NJ: Bausch Health; July 2020.

Revision History

Type of Revision	Summary of Changes	Approval Date
Annual Revision	No criteria changes.	09/14/2022

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