



Prior Authorization Parkinson's Disease – Nourianz® (istradefylline tablets)

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Product Identifier(s)

Effective through 12/31/2022: 75129
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National Formulary Medical Necessity

Cigna covers istradefylline (Nourianz®) as medically necessary when the following criteria are met for FDA Indications or Other Uses with Supportive Evidence:

Prior Authorization is recommended for prescription benefit coverage of Nourianz. All approvals are provided for the duration noted below. Because of the specialized skills required for evaluation and diagnosis of individuals treated with Nourianz as well as the monitoring required for adverse events and long-term efficacy, approval requires Nourianz to be prescribed by or in consultation with a physician who specializes in the condition being treated.

FDA Indication(s)

- 1. Parkinson's Disease.** Approve Nourianz for 1 year if individual meets the following criteria (A, B, and C):
 - A)** Individual is currently taking carbidopa/levodopa; AND
 - B)** Individual is experiencing "off" episodes such as muscle stiffness, slow movements, or difficulty starting movements; AND
 - C)** Nourianz is prescribed by or in consultation with a neurologist.

Conditions Not Covered

Istradefylline (Nourianz®) is considered experimental, investigational or unproven for ANY other use.

Background

Overview

Nourianz, an adenosine receptor antagonist, is indicated as adjunctive treatment to carbidopa/levodopa in adults with **Parkinson's disease** experiencing "off" episodes.¹

Guidelines

The International Parkinson and Movement Disorder Society published an evidence-based review for treatment for motor symptoms of Parkinson's disease (2018).² The review categorically divides treatment recommendations by Parkinson's disease characteristics. Nourianz is noted to be likely efficacious and possibly useful for treatment of motor fluctuations.

References

1. Nourianz® tablets [prescribing information]. Bedminster, NJ: Kyowa Kirin; November 2020.
2. Fox SH, Katzenschlager R, Lim SY, et al. International Parkinson and movement disorder society evidence-based medicine review: Update on treatments for the motor symptoms of Parkinson's disease. *Mov Disord*. 2018;33(8):1248-1266.

Revision History

Type of Revision	Summary of Changes	Approval Date
Annual Revision	No criteria changes.	09/14/2022

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