0266 Gender Dysphoria Treatment

State Specific Guidelines

Link to Medical Coverage Policy: Gender Dysphoria Treatment

Effective date: 7/1/2025

Exempt from Utilization Management: Fully insured plans in the following states are not subject to utilization management for gender dysphoria treatment:

- California (effective 10/25/2023)
- Oregon (effective 1/31/2025)

Requirements by State: Coverage for treatment of gender dysphoria, including gender reassignment surgery and related services may be governed by state and/or federal mandates. The following table details the applicable State Specific requirements for gender dysphoria treatment.

State	Requirements		
Colorado	For regulated plans with Essential Health Benefits (EHB) (e.g., individual, non GF small group): The following feminization/masculinization procedures are classified as medically necessary for coverage under the EHB benefit plan effective 1/1/2023:		
	Feminization/Masculinization Procedures	CPT/HCPCS Code	
	Blepharoplasty (eye and lid modification)	15820, 15821, 15822, 15823	
	Face/forehead and/or neck tightening	15824, 15825, 21137, 21138, 21139, 21208, 21209	
	Facial bone remodeling for facial feminization	21141, 21142, 21145, 21146, 21147, 21150, 21151, 21153, 21154, 21155, 21159, 21160, 21172, 21175, 21179, 21180, 21188, 21209	
	Genioplasty (chin width reduction)	21120, 21121, 21122, 21123	
	Rhytidectomy (cheek, chin, and neck)	15824, 15825, 15826, 15828	
	Cheek, chin, and nose implants	17999, 21210, 21270, 30400, 30410, 30420, 30430 30435, 30450	
	Lip lift/augmentation	40799	
	Mandibular angle augmentation/creation/reduction (jaw)	21120, 21121, 21122, 21123, 21125, 21127, 21193 21244	
	Orbital recontouring	21172, 21175, 21179, 21180	
	Rhinoplasty (nose reshaping)	21210, 21270, 30400, 30410, 30420,	

State	Requirements		
		30430, 30435, 30450	
	Electrolysis hair removal (i.e., face, neck) and limited to eight 30 minute timed units per day	17380	
	Breast/Chest Augmentation, Reduction, Construction	15200, 15201, 19300, 19301, 19302, 19303, 19305, 19306, 19307, 19318, 19325, 19350	
Mississippi	ppi For regulated benefit plans (e.g., insured): Coverage for gender transition procedures for a person under eighteen (18) years of age is prohibited.		
	<u>Definitions</u> : "Gender transition" means the process in which a person goes from identifying with and living as a gender that corresponds to his or her sex to identifying with and living as a gender different from his or her sex, and may involve social, legal, or physical changes;		
	"Gender transition procedures" means any of the following medical or surgical services performed for the purpose of assisting an individual with a gender transition: 1. Prescribing or administering puberty-blocking drugs; 2. Prescribing or administering cross-sex hormones; or 3. Performing gender reassignment surgeries.		
	 "Gender transition procedures" <u>do not</u> include: 1. Services to persons born with a medically verifiable disorder of sex development, including a person with external sex characteristics that are irresolvably ambiguous, such as those born with forty-six (46) XX chromosomes with virilization, forty-six (46) XY chromosomes with undervirilization, or having both ovarian and testicular tissue; 2. Services provided when a physician has otherwise diagnosed a disorder of sexual development that the physician has determined through genetic or biochemical testing that the person does not have normal sex chromosome structure, sex steroid hormone production, or sex steroid hormone action; 3. The treatment of any infection, injury, disease, or disorder that has been caused by or exacerbated by the performance of gender transition procedures, whether or not the gender transition procedure was performed in accordance with state and federal law or whether or not the funding for the gender transition procedure for a male circumcision. 		
New York ¹	<u>For regulated benefits (e.g., insured):</u> The in the section titled " <u>Table 2:</u> Gender Rea (i.e., blepharoplasty, brow lift, cheek/mal forehead reduction/contouring, hair remo reduction/contouring, laryngoplasty, lip lif thyroid reduction chondroplasty, neck tigl than pre- genital reconstruction, removal assisted lipoplasty, lipofilling or liposuctio	ssignment Surgery: Other Procedures" ar implants, collagen injections, face lift, val/hair transplantation, jaw ft/filling, rhinoplasty, skin resurfacing, htening, electrolysis procedures other of redundant skin of the face, suction	

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State	Requirements
	surgery) will be further reviewed on a case-by-case basis by a medical director with particular consideration given to whether the proposed procedure(s) advance an individual's ability to properly present and function in the identified gender role. In addition, for New York regulated benefit plans (e.g., insured): A case-by-case review by a medical director for individuals under 18 years of age will be given.
Virginia	For regulated benefit plans (e.g., insured): Only one letter of support from a healthcare professional is required for gender affirming surgery for minors ages 15-17.
Washington State ²	For regulated benefit plans (e.g., insured): Facial feminization surgeries, and other facial gender affirming treatment, such as tracheal shaves, hair electrolysis, and other care such as mastectomies, breast reductions, breast implants, or any combination of gender affirming procedures, including revisions to prior treatment cannot be the subject of a blanket exclusion. All such services will be reviewed on a case-by-case basis by a medical director and a health care provider with experience prescribing or delivering gender affirming treatment who will confirm the appropriateness of any adverse benefit determination.

¹New York regulated benefit plans do not include exclusions or plan language that limit coverage. ²Washington State regulated benefit plans are subject to mandated coverage criteria.

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