



Drug Coverage Policy

Effective Date.....5/01/2024

Coverage Policy Number.....IP0238

Policy Title.....Simponi Aria

Inflammatory Conditions – Simponi Aria

- Simponi Aria® (golimumab intravenous infusion – Janssen)

INSTRUCTIONS FOR USE

The following Coverage Policy applies to health benefit plans administered by Cigna Companies. Certain Cigna Companies and/or lines of business only provide utilization review services to clients and do not make coverage determinations. References to standard benefit plan language and coverage determinations do not apply to those clients. Coverage Policies are intended to provide guidance in interpreting certain standard benefit plans administered by Cigna Companies. Please note, the terms of a customer's particular benefit plan document [Group Service Agreement, Evidence of Coverage, Certificate of Coverage, Summary Plan Description (SPD) or similar plan document] may differ significantly from the standard benefit plans upon which these Coverage Policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a Coverage Policy. In the event of a conflict, a customer's benefit plan document always supersedes the information in the Coverage Policies. In the absence of a controlling federal or state coverage mandate, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of 1) the terms of the applicable benefit plan document in effect on the date of service; 2) any applicable laws/regulations; 3) any relevant collateral source materials including Coverage Policies and; 4) the specific facts of the particular situation. Each coverage request should be reviewed on its own merits. Medical directors are expected to exercise clinical judgment and have discretion in making individual coverage determinations. Coverage Policies relate exclusively to the administration of health benefit plans. Coverage Policies are not recommendations for treatment and should never be used as treatment guidelines. In certain markets, delegated vendor guidelines may be used to support medical necessity and other coverage determinations.

Medical Necessity Criteria

Simponi Aria is considered medically necessary when **ONE** of the following is met:

1. **Ankylosing Spondylitis.** Individual meets **BOTH** of the following criteria (A and B):
 - A. Documentation of **ONE** of the following (i or ii):
 - i. Failure, contraindication, or intolerance to **ONE** non-steroidal anti-inflammatory drug (NSAID)
 - ii. Already tried a biologic or targeted synthetic DMARD for Ankylosing Spondylitis
 - B. Medication is being prescribed by, or in consultation with, a rheumatologist

Dosing for Ankylosing Spondylitis. Up to 2 mg/kg intravenous infusion at Weeks 0 and 4, then once every 8 weeks

2. **Polyarticular Juvenile Idiopathic Arthritis (includes Juvenile Rheumatoid Arthritis, Juvenile Spondyloarthritis/Active Sacroiliac Arthritis).** Individual meets **BOTH** of the following criteria (A and B):
- A. 2 years of age or older
 - B. Medication is prescribed by, or in consultation with, a rheumatologist

Dosing for Polyarticular Juvenile Idiopathic Arthritis. Up to 80 mg/m² intravenous infusion at Weeks 0 and 4, then once every 8 weeks

3. **Psoriatic Arthritis.** Individual meets the following criterion:
- A. Medication is prescribed by, or in consultation with, a rheumatologist or dermatologist

Dosing for Psoriatic Arthritis. ONE of the following regimens (A or B):

- A. 18 years of age or older, up to 2 mg/kg intravenous infusion at Weeks 0 and 4, then once every 8 weeks
- B. Less than 18 years of age, up to 80 mg/m² intravenous infusion at Weeks 0 and 4, then once every 8 weeks

4. **Rheumatoid Arthritis.** Individual meets **BOTH** of the following criteria (A and B):
- A. Documentation of **ONE** of the following (i or ii):
 - i. Failure, contraindication, or intolerance to **ONE** conventional synthetic disease-modifying anti-rheumatic drug (csDMARD)
 - ii. Already tried a biologic or targeted synthetic DMARD (tsDMARD) for Rheumatoid Arthritis
 - B. Medication is prescribed by, or in consultation with, a rheumatologist

Dosing for Rheumatoid Arthritis. Up to 2 mg/kg intravenous infusion at Weeks 0 and 4, then once every 8 weeks

When coverage is available and medically necessary, the dosage, frequency, duration of therapy, and site of care should be reasonable, clinically appropriate, and supported by evidence-based literature and adjusted based upon severity, alternative available treatments, and previous response to therapy.

Receipt of sample product does not satisfy any criteria requirements for coverage.

Reauthorization Criteria

Continuation of Simponi Aria is considered medically necessary for **ALL** covered diagnoses when the above medical necessity criteria are met AND there is documentation of beneficial response.

Authorization Duration

Initial approval duration is up to 12 months.
Reauthorization approval duration is up to 12 months.

Conditions Not Covered

Any other use is considered experimental, investigational, or unproven, including the following (this list may not be all inclusive):

- 1. Concurrent Use with Biologic or with a Targeted Synthetic Disease-Modifying Antirheumatic Drug (DMARD).** Data are lacking evaluating concomitant use of Simponi Aria in combination with another biologic or with a targeted synthetic DMARD for an inflammatory condition (see [Appendix](#) for examples). Combination therapy with biologics and/or biologics + targeted synthetic DMARDs has a potential for a higher rate of adverse events with combinations and lack controlled trial data in support of additive efficacy. Note: This does NOT exclude the use of conventional synthetic DMARDs (e.g., methotrexate, leflunomide, hydroxychloroquine, and sulfasalazine) in combination with Simponi Aria.
- 2. Ulcerative Colitis.** Simponi subcutaneous injection is indicated for treatment of ulcerative colitis.⁵ A single-dose induction study in patients with ulcerative colitis (n = 176) evaluated doses of 1 mg/kg, 2 mg/kg, and 4 mg/kg; however, enrollment was stopped due to lower than expected efficacy in the dose-ranging Phase II portion of the study.⁶ Appropriate dosing of Simponi Aria in ulcerative colitis is unclear.

Coding Information

- 1) This list of codes may not be all-inclusive.
- 2) Deleted codes and codes which are not effective at the time the service is rendered may not be eligible for reimbursement.

Considered Medically Necessary when criteria in the applicable policy statements listed above are met:

HCPCS Codes	Description
J1602	Injection, golimumab, 1 mg, for intravenous use

Background

OVERVIEW

Simponi Aria, a tumor necrosis factor inhibitor (TNFi), is indicated for the following conditions:¹

- **Ankylosing spondylitis**, in adults with active disease.
- **Polyarticular juvenile idiopathic arthritis**, in patients ≥ 2 years of age with active disease.
- **Psoriatic arthritis**, in patients ≥ 2 years of age with active disease.
- **Rheumatoid arthritis**, in combination with methotrexate for treatment of adults with moderately to severely active disease.

Simponi Aria is administered by intravenous infusion by a healthcare professional. Efficacy has not been established for patients switching between the Simponi Aria and Simponi subcutaneous.

Guidelines

TNFis feature prominently in guidelines for treatment of inflammatory conditions.

- **Juvenile Idiopathic Arthritis (JIA):** There are guidelines from American College of Rheumatology (ACR) and the Arthritis Foundation for the treatment of JIA (2021) which address oligoarthritis and temporomandibular joint (TMJ) arthritis. For oligoarthritis, a biologic is recommended following a trial of a conventional synthetic DMARD.⁹ In patients with TMJ arthritis, scheduled nonsteroidal anti-inflammatory drugs (NSAIDs) and/or intra-articular glucocorticoids are recommended first-line. A biologic is a therapeutic option if there is an inadequate response or intolerance. Additionally, rapid escalation to a biologic ± conventional synthetic DMARD (methotrexate preferred) is often appropriate given the impact and destructive nature of TMJ arthritis. In these guidelines, there is not a preferred biologic that should be initiated for JIA. Simponi (golimumab, route not specified) is among the TNFis recommended in the ACR/Arthritis Foundation guidelines for the treatment of JIA (2019) specific to juvenile non-systemic polyarthritis, sacroiliitis, and enthesitis.⁴ TNFis are the biologics recommended for polyarthritis, sacroiliitis, enthesitis. Biologics are recommended following other therapies (e.g., following a conventional synthetic disease-modifying antirheumatic drug [DMARD] for active polyarthritis or following a nonsteroidal anti-inflammatory drug [NSAID] for active JIA with sacroiliitis or enthesitis). However, there are situations where initial therapy with a biologic may be preferred over other conventional therapies (e.g., if there is involvement of high-risk joints such as the cervical spine, wrist, or hip; high disease activity; and/or those judged to be at high risk of disabling joint damage).
- **Psoriatic Arthritis:** Guidelines from ACR (2019) recommend TNFis over other biologics for use in treatment-naïve patients with psoriatic arthritis, and in those who were previously treated with an oral therapy.⁵
- **Rheumatoid Arthritis:** Guidelines from the ACR (2021) recommend addition of a biologic or a targeted synthetic DMARD for a patient taking the maximum tolerated dose of methotrexate who is not at target.⁶
- **Spondyloarthritis:** Guidelines for ankylosing spondylitis and non-radiographic axial spondyloarthritis are published by the ACR/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network (2019).² Following primary nonresponse to a TNFi, an interleukin (IL)-17 blocker is recommended; however, if the patient is a secondary nonresponder, a second TNFi is recommended over switching out of the class. In patients with a contraindication to a TNFi, use of an IL-17 blocker is recommended over traditional oral agents such as methotrexate or sulfasalazine.

References

1. Simponi Aria® intravenous infusion [prescribing information]. Horsham, PA: Janssen; February 2021.
2. Ward MM, Deodhar A, Gensler LS, et al. 2019 update of the American College of Rheumatology/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network recommendations for the treatment of ankylosing spondylitis and nonradiographic axial spondyloarthritis. *Arthritis Rheumatol.* 2019;71(10):1599-1613.
3. Ringold S, Angeles-Han ST, Beukelman T, et al. 2019 American College of Rheumatology/Arthritis Foundation guideline for the treatment of juvenile idiopathic arthritis: therapeutic approaches for non-systemic polyarthritis, sacroiliitis, and enthesitis. *Arthritis Rheumatol.* 2019;71(6):846-863.
4. Ringold S, Weiss PF, Beukelman T, et al. 2013 update of the 2011 American College of Rheumatology recommendations for the treatment of juvenile idiopathic arthritis: recommendations for the medical therapy of children with systemic juvenile idiopathic arthritis and tuberculosis screening among children receiving biologic medications. *Arthritis Rheum.* 2013;65(10):2499-2512.

5. Singh JA, Guyatt G, Ogdie A, et al. 2018 American College of Rheumatology/National Psoriasis Foundation Guideline for the treatment of psoriatic arthritis. *Arthritis Care Res (Hoboken)*. 2019;71(1):2-29.
6. Fraenkel L, Bathon JM, England BR, et al. 2021 American College of Rheumatology guideline for the treatment of rheumatoid arthritis. *Arthritis Rheumatol*. 2021;73(7):1108-1123.
7. Simponi injection [prescribing information]. Horsham, PA: Centocor Ortho Biotech; September 2019.
8. Rutgeerts P, Feagan BG, Marano CW, et al. Randomised clinical trial: a placebo-controlled study of intravenous golimumab induction therapy for ulcerative colitis. *Aliment Pharmacol Ther*. 2015;42(5):504-514.
9. Onel KB, Horton DB, Lovell DJ, et al. 2021 American College of Rheumatology guideline for the treatment of juvenile idiopathic arthritis: therapeutic approaches for oligoarthritis, temporomandibular joint arthritis, and systemic juvenile idiopathic arthritis. *Arthritis Rheumatol*. 2022 Apr;74(4):553-569.

Revision Details

Type of Revision	Summary of Changes	Date
Annual Revision	<ul style="list-style-type: none"> Updated policy title No criteria changes 	5/1/2024

The policy effective date is in force until updated or retired.

APPENDIX

	Mechanism of Action	Examples of Inflammatory Indications*
Biologics		
Adalimumab SC Products (Humira®, biosimilars)	Inhibition of TNF	AS, CD, JIA, PsO, PsA, RA, UC
Cimzia® (certolizumab pegol SC injection)	Inhibition of TNF	AS, CD, nr-axSpA, PsO, PsA, RA
Etanercept SC Products (Enbrel®, biosimilars)	Inhibition of TNF	AS, JIA, PsO, PsA
Zymfentra® (infliximab-dyyb SC injection)	Inhibition of TNF	CD, UC
Infliximab IV Products (Remicade®, biosimilars)	Inhibition of TNF	AS, CD, PsO, PsA, RA, UC
Simponi®, Simponi® Aria™ (golimumab SC injection, golimumab IV infusion)	Inhibition of TNF	SC formulation: AS, PsA, RA, UC
		IV formulation: AS, PJIA, PsA, RA
Actemra® (tocilizumab IV infusion, tocilizumab SC injection)	Inhibition of IL-6	SC formulation: PJIA, RA, SJIA
		IV formulation: PJIA, RA, SJIA
Kevzara® (sarilumab SC injection)	Inhibition of IL-6	RA, PMR
Orencia® (abatacept IV infusion, abatacept SC injection)	T-cell costimulation modulator	SC formulation: JIA, PSA, RA
		IV formulation: JIA, PsA, RA
Rituximab IV Products (Rituxan®, biosimilars)	CD20-directed cytolytic antibody	RA
Kineret® (anakinra SC injection)	Inhibition of IL-1	JIA^, RA

Stelara [®] (ustekinumab SC injection, ustekinumab IV infusion)	Inhibition of IL-12/23	SC formulation: CD, PsO, PsA, UC
		IV formulation: CD, UC
Siliq [™] (brodalumab SC injection)	Inhibition of IL-17RA	PsO
Bimzelx [®] (bimekizumab-bkzx SC injection)	Inhibition of IL-17A and IL-17F	PsO
Cosentyx [®] (secukinumab SC injection, secukinumab IV infusion)	Inhibition of IL-17A	SC formulation: AS, ERA, nr-axSpA, PsO, PsA
		IV formulation: AS, nr-axSpA, PsA
Taltz [®] (ixekizumab SC injection)	Inhibition of IL-17A	AS, nr-axSpA, PsO, PsA
Ilumya [™] (tildrakizumab-asmn SC injection)	Inhibition of IL-23	PsO
Skyrizi [®] (risankizumab-rzaa SC injection, risankizumab-rzaa IV infusion)	Inhibition of IL-23	SC formulation: CD, PSA, PsO
		IV formulation: CD
Tremfya [™] (guselkumab SC injection)	Inhibition of IL-23	PsO
Entyvio [™] (vedolizumab IV infusion, vedolizumab SC injection)	Integrin receptor antagonist	SC formulation: UC
		IV formulation: CD, UC
Oral Therapies/Targeted Synthetic DMARDs		
Otezla [®] (apremilast tablets)	Inhibition of PDE4	PsO, PsA
Cibinqo [™] (abrocitinib tablets)	Inhibition of JAK pathways	AD
Olumiant [®] (baricitinib tablets)	Inhibition of JAK pathways	RA
Rinvoq [®] (upadacitinib extended-release tablets)	Inhibition of JAK pathways	AD, AS, nr-axSpA, RA, PsA, UC
Sotyktu [™] (deucravacitinib tablets)	Inhibition of TYK2	PsO
Xeljanz [®] (tofacitinib tablets)	Inhibition of JAK pathways	RA, PJIA, PsA, UC
Xeljanz [®] XR (tofacitinib extended-release tablets)	Inhibition of JAK pathways	RA, PsA, UC

* Not an all-inclusive list of indications (e.g., oncology indications and rare inflammatory conditions are not listed). Refer to the prescribing information for the respective agent for FDA-approved indications; SC – Subcutaneous; TNF – Tumor necrosis factor; AS – Ankylosing spondylitis; CD – Crohn’s disease; JIA – Juvenile idiopathic arthritis; PsO – Plaque psoriasis; PsA – Psoriatic arthritis; RA – Rheumatoid arthritis; UC – Ulcerative colitis; nr-axSpA – Non-radiographic axial spondyloarthritis; IV – Intravenous, PJIA – Polyarticular juvenile idiopathic arthritis; IL – Interleukin; SJIA – Systemic juvenile idiopathic arthritis; PMR – Polymyalgia rheumatic; ^ Off-label use of Kineret in JIA supported in guidelines; ERA – Enthesitis-related arthritis; DMARD – Disease-modifying antirheumatic drug; PDE4 – Phosphodiesterase 4; JAK – Janus kinase; AD – Atopic dermatitis; TYK2 – Tyrosine kinase 2.

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