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Siponimod

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INSTRUCTIONS FOR USE

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Overview

This policy supports medical necessity review for siponimod (Mayzent®).

Additional criteria that support the review for medical necessity exceptions of non-covered products are located in the <u>Non-Covered Product Table</u> by the respective plan type and drug list where applicable.

Receipt of sample product does not satisfy any criteria requirements for coverage.

Medical Necessity Criteria

Siponimod (Mayzent) is considered medically necessary when the following is met:

Multiple Sclerosis. Individual meets ALL of the following criteria:

- A. Documented diagnosis of ONE of the following relapsing forms of Multiple Sclerosis:
 - i. Active Secondary Progressive Multiple Sclerosis (SPMS) (for example, SPMS with a documented relapse)

Related Coverage Resources

- ii. Clinically Isolated Syndrome (CIS)
- iii. Relapsing-Remitting Multiple Sclerosis (RRMS)
- B. Preferred Product Step Therapy Criteria is met, refer to below table(s)

Employer Group Drug Lists:

Product	Criteria		
Mayzent	Multiple Sclerosis Treatment Naïve Individuals AND ONE of the		
(siponimod)	following:		
	 Documentation of failure or intolerance to ONE of the following: A. dimethyl fumarate (generic for Tecfidera) [may require prior authorization] 		
	 B. fingolimod (generic for Gilenya) [may require prior authorization] 		
	 2. Documented contraindication to BOTH of the following: A. dimethyl fumarate (generic for Tecfidera) [may require prior authorization] B. fingolimod (generic for Gilenya) [may require prior authorization] 		
	 Individual has active secondary progressive multiple sclerosis (SPMS) 		

Individual and Family Plan Preferred Alternatives:

Product	Criteria	
Mayzent	ONE of the following:	
(siponimod)	 Documentation of failure, contraindication, or intolerance to dimethyl fumarate (generic for Tecfidera) [may require prior authorization] Individual has active secondary progressive multiple sclerosis (SPMS) Currently receiving Mayzent 	

When coverage is available and medically necessary, the dosage, frequency, duration of therapy, and site of care should be reasonable, clinically appropriate, and supported by evidence-based literature and adjusted based upon severity, alternative available treatments, and previous response to therapy.

Reauthorization Criteria

Continuation of siponimod (Mayzent) is considered medically necessary for Multiple Sclerosis when the above medical necessity criteria are met AND there is documentation of beneficial response.

Authorization Duration

Initial approval duration is up to 12 months. Reauthorization approval duration is up to 12 months.

Conditions Not Covered

Any other use is considered experimental, investigational or unproven, including the following (this list may not be all inclusive):

1. Current Use with Other Disease-Modifying Agents Used for Multiple Sclerosis.

These agents are not indicated for use in combination (see <u>Appendix</u> for examples). Additional data are required to determine if use of disease-modifying multiple sclerosis agents in combination is safe provides added efficacy.

2. Non-Relapsing Forms of Multiple Sclerosis.

The efficacy of Mayzent has not been established in patients with multiple sclerosis with non-relapsing forms of the disease.¹

Background

OVERVIEW

Mayzent, a sphingosine 1-phosphate receptor modulator, is indicated for the treatment of relapsing forms of **multiple sclerosis** (MS), to include clinically isolated syndrome, relapsing remitting disease, and active secondary progressive disease in adults.¹

Disease Overview

MS is a chronic, inflammatory, demyelinating, autoimmune disease of the central nervous system (CNS) that impacts almost 1,000,000 people in the US.²⁻⁴ The condition is marked by inflammation and demyelination, as well as degenerative alterations. Patients usually experience relapses and remissions in their neurological symptoms. For most patients, the onset of MS symptoms occurs when patients are 20 to 40 years of age; however, children can get MS and new onset disease can occur in older adults. The MS disease course is heterogeneous but has some patterns. Approximately 85% to 90% of patients have a relapsing pattern at onset. However, this transitions over time in patients who are untreated to a worsening with very few or no relapses or magnetic resonance imaging (MRI) activity (secondary progressive MS). Around 10% to 15% of patients have a steady progression of symptoms over time (primary progressive MS), marked by some clinical manifestations or by MRI activity. Primary progressive MS is generally diagnosed in patients on the upper level of the typical age range (e.g., almost 40 years of age) and the distribution is equivalent among the two genders.²⁻⁴ Advances in the understanding of the MS disease process, as well as in MRI technology, spurned updated disease course descriptions in 2013,⁵ as well as in 2017.⁶ The revised disease courses are clinically isolated syndrome, relapsing remitting MS, primary progressive MS, and secondary progressive MS.²⁻⁶ Clinically isolated syndrome is now more recognized among the course descriptions of MS. It is the first clinical presentation of MS that displays characteristics of inflammatory demyelination that may possibly be MS but has yet to fulfill diagnostic criteria. It is notable that the other MS designations can be further characterized considering whether patients have active disease (or not active), as well as if disease is worsening or stable. Disability in MS is commonly graded on the deterioration of mobility per the Expanded Disability Status Scale (EDSS) an ordinal scale that ranges from 0 to 10, with higher scores indicating greater disability.

Guidelines

In September 2019, a consensus paper was updated by the MS Coalition that discusses the use of diseasemodifying therapies in MS.² Many options from various disease classes, involving different mechanisms of action and modes of administration, have shown benefits in patients with MS.

Safety

The initiation of Mayzent leads to decreases in heart rate.¹ First-dose 6-hour monitoring is recommended in certain patients with preexisting cardiac conditions. Additional monitoring beyond 6 hours may also be required. After the initial titration is complete, if Mayzent therapy is interrupted for four or more consecutive daily doses, reinitiate treatment with Day 1 of the titration regimen and also complete first-dose monitoring for patients for whom it is recommended. The most common adverse events with Mayzent include headache, hypertension, and transaminase elevations. Mayzent has Warnings/Precautions regarding infections, macular edema, bradyarrhythmias and atrioventricular conduction delays, respiratory effects, liver injury, increased blood pressure, and posterior reversible encephalopathy syndrome.

Appendix

Medication	Mode of Administration
Aubagio [®] (teriflunomide tablets)	Oral

Avonex [®] (interferon beta-1a intramuscular injection)	Injection (self-administered)
Bafiertam [®] (monomethyl fumarate delayed-release capsules)	Oral
Betaseron [®] (interferon beta-1b subcutaneous injection)	Injection (self-administered)
Briumvi [™] (ublituximab-xiiy intravenous infusion)	Intravenous infusion
Copaxone [®] (glatiramer acetate subcutaneous injection, generic)	Injection (self-administered)
Extavia [®] (interferon beta-1b subcutaneous injection)	Injection (self-administered)
Gilenya [®] (fingolimod capsules, generic)	Oral
Glatopa [®] (glatiramer acetate subcutaneous injection)	Injection (self-administered)
Kesimpta [®] (ofatumumab subcutaneous injection)	Injection (self-administered)
Lemtrada [®] (alemtuzumab intravenous infusion)	Intravenous infusion
Mavenclad [®] (cladribine tablets)	Oral
Mayzent [®] (siponimod tablets)	Oral
Ocrevus [®] (ocrelizumab intravenous infusion)	Intravenous infusion
Plegridy [®] (peginterferon beta-1a subcutaneous or intramuscular	Injection (self-administered)
injection)	
Ponvory [™] (ponesimod tablets)	Oral
Rebif [®] (interferon beta-1a subcutaneous injection)	Injection (self-administered)
Tascenso ODT [™] (fingolimod orally disintegrating tablets)	Oral
Tecfidera [®] (dimethyl fumarate delayed-release capsules,	Oral
generic)	
Tysabri [®] (natalizumab intravenous infusion)	Intravenous infusion
Vumerity [®] (diroximel fumarate delayed-release capsules)	Oral
Zeposia [®] (ozanimod capsules)	Oral

References

- 1. Mayzent[®] tablets [prescribing information]. East Hanover, NJ: Novartis; June 2022.
- A Consensus Paper by the Multiple Sclerosis Coalition. The use of disease-modifying therapies in multiple sclerosis. September 2019. Available at: <u>http://www.nationalmssociety.org/getmedia/5ca284d3-fc7c-4ba5b005-ab537d495c3c/DMT Consensus MS Coalition color</u>. Accessed on October 22, 2022.
- 3. McGinley MP, Goldschmidt C, Rae-Grant AD. Diagnosis and treatment of multiple sclerosis. A review. JAMA. 2021; 325(8):765-779.
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- 5. Lublin FD, Reingold SC, Cohen JA, et al. Defining the clinical course of multiple sclerosis: the 2013 revisions. Neurology. 2014; 83:278-286.
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