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Topical Ruxolitinib

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Related Coverage Resources

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Overview

This policy supports medical necessity review for **Opzelura**[®] (ruxolitinib) 1.5% cream.

Medical Necessity Criteria

Topical ruxolitinib (Opzelura) is considered medically necessary when **ONE** of the following is met:

1. **Mild to Moderate Atopic Dermatitis.** Individual meets **ALL** of the following criteria:
 - A. Age 12 years or older
 - B. Has atopic dermatitis involvement estimated to affect 20% or less of the body surface area (BSA)
 - C. Documentation of **ONE** of the following:
 - i. Failure to **ONE** prescription topical corticosteroid (medium-potency or higher) applied for at least 28 consecutive days, unless contraindicated or intolerant
 - ii. Treating atopic dermatitis affecting one of the following areas: face, eyes/eyelids, skin folds, and/or genitalia

- D. Documentation of failure to **ONE** topical calcineurin inhibitor (for example, tacrolimus ointment, pimecrolimus cream) applied for 6 consecutive weeks, unless contraindicated or intolerant
- E. Medication is prescribed by, or in consultation with, an allergist, immunologist, or dermatologist

Note: Concomitant use of a topical calcineurin inhibitor and topical corticosteroid would meet requirements [C] and [D].

2. **Nonsegmental Vitiligo.** Individual meets **ALL** of the following criteria:

- A. Age 12 years or older
- B. Has vitiligo involvement estimated to affect 10% or less of the body surface area (BSA)
- C. Documentation of **ONE** of the following:
 - i. Failure to ONE prescription topical corticosteroid (medium potency or higher) applied for at least 12 weeks, unless contraindicated or intolerant
 - ii. Treating vitiligo affecting one of the following areas: face, eyes/eyelids, skin folds, and/or genitalia
- D. Documentation of failure to ONE topical calcineurin inhibitor (for example, tacrolimus ointment, pimecrolimus cream) applied for at least 12 weeks, unless contraindicated or intolerant
- E. Medication is prescribed by, or in consultation with, a dermatologist

Concomitant use of a topical calcineurin inhibitor with a topical corticosteroid would meet requirements [C] and [D].

When coverage is available and medically necessary, the dosage, frequency, duration of therapy, and site of care should be reasonable, clinically appropriate, and supported by evidence-based literature and adjusted based upon severity, alternative available treatments, and previous response to therapy.

Receipt of sample product does not satisfy any criteria requirements for coverage.

Reauthorization Criteria

Continuation of topical ruxolitinib (Opzelura) is considered medically necessary for **ALL** covered diagnoses when the above medical necessity criteria are met AND there is documentation of beneficial response.

Examples of beneficial response to therapy include:

1. **Mild to Moderate Atopic Dermatitis:** improvement in estimated body surface area affected, erythema, induration/papulation/edema, excoriations, lichenification
2. **Nonsegmental Vitiligo:** repigmentation, improvement in Vitiligo Activity Scoring Index (VASI)

Authorization Duration

Initial approval duration:

1. Atopic Dermatitis: up to 6 months
2. Vitiligo: up to 6 months

Reauthorization approval duration:

1. Atopic Dermatitis: up to 6 months
2. Vitiligo: up to 6 months

Conditions Not Covered

Any other use is considered experimental, investigational, or unproven, including the following (this list may not be all inclusive):

- 1. Concurrent Use with a Biologic or with other JAK inhibitors.** Use of Opzelura in combination with therapeutic biologics or other JAK inhibitors is not recommended (see [Appendix](#) for examples).¹ Use of biologics or other JAK inhibitors was prohibited during the Opzelura pivotal studies.² There are no data evaluating combination use of Opzelura with these therapies; therefore, safety and efficacy of these combinations are unknown.
- 2. Concurrent use with Other Potent Immunosuppressants** (e.g., azathioprine, cyclosporine). Use of Opzelura in combination with potent immunosuppressants is not recommended.¹ Use of systemic immunosuppressants was prohibited during the Opzelura pivotal studies.² There are no data evaluating combination of Opzelura with these therapies; therefore, safety and efficacy of these combinations are unknown.
- 3. Alopecia.** Opzelura is not indicated for the treatment of alopecia.¹ A Phase II study involving patients with alopecia areata did not find any significant improvement in hair regrowth with Opzelura 1.5% cream compared with vehicle.⁷ Additional data are needed to establish the efficacy and safety of Opzelura in patients with alopecia.
- 4. Plaque Psoriasis.** Opzelura is not indicated for the treatment of plaque psoriasis.¹ There are very limited Phase II data regarding the use of Opzelura in patients with plaque psoriasis.^{8,9} Additional data are needed to establish the efficacy and safety of Opzelura in patients with plaque psoriasis.

Background

OVERVIEW

Opzelura, a Janus kinase (JAK) inhibitor, is indicated for the following uses:¹

- **Atopic dermatitis**, for the topical short-term and non-continuous treatment of mild to moderate disease in patients ≥ 12 years of age whose disease is not adequately controlled with topical prescription therapies or when those therapies are not advisable.
- **Nonsegmental vitiligo**, for the topical treatment of patients ≥ 12 years of age.

Limitation of Use: Use of Opzelura in combination with therapeutic biologics, other JAK inhibitors, or potent immunosuppressants such as azathioprine or cyclosporine is not recommended.

For atopic dermatitis, Opzelura is applied twice daily to affected areas of up to 20% body surface area (BSA). Patients should stop using Opzelura when signs and symptoms of atopic dermatitis (e.g., itch, rash, and redness) resolve. If signs and symptoms do not improve within 8 weeks, patients should be re-evaluated by their healthcare provider.

For vitiligo, Opzelura is applied twice daily to affected areas of up to 10% BSA.¹ Patients may require more than 24 weeks of treatment to achieve a satisfactory response. If the patient does not find the repigmentation meaningful after 24 weeks of therapy, the patient should be re-evaluated by their healthcare provider.

Clinical Efficacy

Atopic Dermatitis

Two pivotal Opzelura studies enrolled patients ≥ 12 years of age with a diagnosis of atopic dermatitis present for ≥ 2 years, affecting 3% to 20% of their BSA.^{1,2} Patients were also required to have an Investigator's Global Assessment (IGA) score of 2 or 3. While prior treatment was not a requirement for study enrollment, 90% of patients had received prior therapies for atopic dermatitis, including low-, medium-, and high-potency topical corticosteroids (49.6%, 42.4%, and 32.7% of patients, respectively), as well as topical calcineurin inhibitors (e.g., tacrolimus 0.03% and 0.1% ointment and pimecrolimus 1% cream [Elidel[®], generic]) [21.5% of patients]. At Week 8, Opzelura cream was found to be more effective in achieving IGA treatment success, defined as an IGA score of 0 (clear) or 1 (almost clear) with a ≥ 2 -grade improvement from baseline. A third, non-pivotal, Phase II trial of Opzelura cream in a similar patient population included a triamcinolone acetonide 0.1% cream comparator arm.³ At Week 4, Opzelura 1.5% cream produced greater improvement in the Eczema Area and

Severity Index score from baseline; however, the treatment difference vs. triamcinolone was not statistically significant.

Vitiligo

One Phase III Opzelura study enrolled patients ≥ 12 years of age with a diagnosis of non-segmental vitiligo and depigmented areas covering $\leq 10\%$ of their BSA.⁴ While prior treatment was not a requirement for study enrollment, 61% of patients had received prior topical therapies for vitiligo, including topical corticosteroids and topical calcineurin inhibitors. Efficacy was evaluated at Week 24.

Guidelines

Atopic Dermatitis Guidelines

In general, the American Academy of Dermatology Guidelines of Care for the Management of Atopic Dermatitis (2014) recommends moisturizers/emollients as first-line therapy, followed by topical corticosteroids, when appropriate.⁵ Topical calcineurin inhibitors are recommended for the treatment of atopic dermatitis, particularly when use of topical corticosteroids is not appropriate due to safety concerns (e.g., young infants, treatment of sensitive areas such as the face, eyelids, or genitalia). Opzelura is recommended for the treatment of patients with mild to moderate atopic dermatitis. However, Opzelura should not be used on more than 20% of the patient's BSA to avoid potential adverse events.

Vitiligo Guidelines

Guidelines from the International Vitiligo Task Force (2023) recommend topical corticosteroids, topical calcineurin inhibitors, and Opzelura as treatment options in patients with vitiligo.⁶ Most of the studies to support the use of topical corticosteroids used potent to very potent corticosteroids applied topically daily for 3 to 6 months. Intermittent/alternating treatment schemes have been found to reduce adverse effects from topical corticosteroids and may enable longer treatment periods. Topical corticosteroids should be used with caution on the eyelids, axilla, and inguinal regions. Topical calcineurin inhibitors are often prescribed initially for up to 6 months. The guidelines note that topical corticosteroids and topical calcineurin inhibitors have not been found to be different in terms of efficacy; however, there are safety differences. These therapies may be used in combination. The guidelines do not compare the efficacy of Opzelura with that of the other topical therapies.

Safety

Opzelura carries a Boxed Warning regarding the risk of serious infections, mortality, malignancy and lymphoproliferative disorders, major adverse cardiac events, and thrombosis.¹ Other Warnings and Precautions include thrombocytopenia, anemia, neutropenia, and lipid elevations. Based on these risks, critical evaluation and monitoring of certain patients are recommended in the Opzelura prescribing information.

Appendix

Table 1. Examples of Other Therapeutic Biologics and Other JAK Inhibitors.

Product	Mechanism of Action
Adalimumab SC Products (Humira [®] , biosimilars)	Inhibition of TNF
Cimzia[®] (certolizumab pegol SC injection)	Inhibition of TNF
Etanercept SC Products (Enbrel [®] , biosimilars)	Inhibition of TNF
Infliximab IV Products (Remicade [®] , biosimilars)	Inhibition of TNF
Simponi[®], Simponi[®] Aria[™] (golimumab SC injection, golimumab IV infusion)	Inhibition of TNF
Zymfentra[®] (infliximab-dyyb SC injection)	Inhibition of TNF
Tocilizumab Products (Actemra [®] IV, biosimilar; Actemra SC, biosimilar)	Inhibition of IL-6
Kezvara[®] (sarilumab SC injection)	Inhibition of IL-6
Orencia[®] (abatacept IV infusion, abatacept SC injection)	T-cell costimulation modulator
Rituximab IV Products (Rituxan [®] , biosimilars)	CD20-directed cytolytic antibody
Kineret[®] (anakinra SC injection)	Inhibition of IL-1
Stelara[®] (ustekinumab SC injection, ustekinumab IV infusion)	Inhibition of IL-12/23
Siliq[®] (brodalumab SC injection)	Inhibition of IL-17
Cosentyx[®] (secukinumab SC injection)	Inhibition of IL-17A
Taltz[®] (ixekizumab SC injection)	Inhibition of IL-17A
Ilumya[®] (tildrakizumab-asmn SC injection)	Inhibition of IL-23
Omvo[™] (mirikizumab-mrkz SC injection, mirikizumab IV injection)	Inhibition of IL-23
Skyrizi[®] (risankizumab-rzaa SC injection)	Inhibition of IL-23
Tremfya[®] (guselkumab SC injection)	Inhibition of IL-23

Product	Mechanism of Action
Entyvio [®] (vedolizumab IV infusion)	Integrin receptor antagonist
Otezla [®] (apremilast tablets)	Inhibition of PDE4
Sotyktu [™] (deucravacitinib tablets)	Inhibition of TYK2
Inrebic [®] (fedratinib tablets)	Inhibition of JAK pathways
Jakafi [®] (ruxolitinib tablets)	Inhibition of JAK pathways
Leqselvi [™] (deuruxolitinib tablets)	Inhibition of JAK pathways
Olumiant [®] (baricitinib tablets)	Inhibition of JAK pathways
Cibinqo [®] (abrocitinib tablets)	Inhibition of JAK pathways
Rinvoq [®] (upadacitinib extended-release tablets)	Inhibition of JAK pathways
Xeljanz [®] (tofacitinib tablets, oral solution)	Inhibition of JAK pathways
Xeljanz XR [®] (tofacitinib extended-release tablets)	Inhibition of JAK pathways
Litfulo [™] (ritlecitinib capsules)	Inhibition of kinases
Xolair [®] (omalizumab SC injection)	IgE antagonist
Dupixent [®] (dupilumab SC injection)	IL-4 receptor antagonist
Cinqair [®] (reslizumab IV injection)	IL-5 antagonist
Nucala [®] (mepolizumab SC injection)	IL-5 antagonist
Fasenra [®] (benralizumab SC injection)	IL-5 receptor antagonist
Adbry [®] (tralokinumab-ldrm SC injection)	IL-13 antagonist
Nemluvio [®] (nemlizumab-ilto SC injection)	IL-31 receptor antagonist
Zeposia [®] (ozanimod tablets)	Sphingosine 1 phosphate receptor modulator
Velsipity [®] (etrasimod tablets)	Sphingosine 1 phosphate receptor modulator
Tezspire [®] (tezepelumab-ekko SC injection)	TSLP blocker

JAK – Janus kinase; SC – Subcutaneous; TNF – Tumor necrosis factor; IV – Intravenous; IL – Interleukin; PDE4 – Phosphodiesterase 4; TYK2 – Tyrosine kinase 2; IgE – Immunoglobulin E; TSLP – Thymic stromal lymphopoietin.

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Revision Details

Type of Revision	Summary of Changes	Date
Selected Revision	Individual and Family Plans added to the policy. Mild to Moderate Atopic Dermatitis: Updated the minimum topical corticosteroid trial duration from 14 to 28 days.	11/15/2024

The policy effective date is in force until updated or retired.

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