

Glycemic Status Assessment (GSD), Blood Pressure for Patients with Diabetes (BPD), and Controlling High Blood Pressure (CBP) measures

For Health care providers

Documentation and coding information for HEDIS compliance

Customers are encouraged to obtain recommended preventive care services, important health screenings, and to wisely use their health care benefits. In support of Healthcare Effectiveness Data and Information Set (HEDIS®) results, Cigna Healthcare® promotes focused educational programs and equitable access to health care information. Through these programs, we can identify customers at risk for specific health problems and facilitate participation in decision-making to achieve better outcomes and close gaps in care.

Glycemic Status Assessment (GSD)

- Order HbA1c for all diabetic patients this year—in-office or via laboratory.
- Schedule testing to allow for time to intervene and re-test prior to year-end.
- Capture outside laboratory results in electronic medical record (EMR).
- Use standing orders so staff can initiate testing during visits.

Blood Pressure for Patients with Diabetes (BPD) and Controlling High Blood Pressure (CBP)

- Re-check blood pressure if initial reading is elevated; record lowest valid same-day reading.
- Use proper cuff size and patient positioning for accuracy.
- Encourage and document home blood pressure BP readings.

Current Procedural Terminology (CPT®) and CPT Category II codes accepted by HEDIS

The CPT Category II codes in the table below can be added on claims for certain preventive care services and test results. Please note that they are not a replacement for CPT codes, which are required for the services provided. For a full list of CPT Category II codes, visit ama-assn.org, and select CPT.

3074F	Most recent systolic blood pressure less than 130 mm Hg
3075F	Most recent systolic blood pressure 130-139 mm Hg
3077F	Most recent systolic blood pressure greater than or equal to 140 mm Hg
3078F	Most recent diastolic blood pressure less than 80 mm Hg
3079F	Most recent diastolic blood pressure 80 - 89 m Hg
3080F	Most recent diastolic blood pressure greater than or equal to 90 mm Hg
3044F	Most recent hemoglobin A1c less than 7%
3046F	Most recent hemoglobin A1c greater than 9%
3051F	Most recent hemoglobin A1c greater than or equal 7% and less than 8%
3052F	Most recent hemoglobin A1c greater than or equal 8% and less than or equal to 9%

For more information, please contact HEDISNational@CignaHealthcare.com.

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