# Chronic obstructive pulmonary disease and asthma

Documentation and coding: Individual & Family Plans March 2024

### For coding education questions, email CignaHealthcareHCPEducation@CignaHealthcare.com.

It's important to accurately document and code diagnoses when submitting claims for your patients with Cigna Healthcareadministered coverage. This helps ensure your diagnosis and coding practices comply with all applicable legal requirements,<sup>1</sup> while enabling us to provide our customers with the benefits and resources they need. For additional information and resources, visit the Cigna Healthcare Individual & Family Plans page at CignaforHCP.com/IFP.

The information that follows is designed to provide guidance for the documentation and coding of claims for your patients with chronic obstructive pulmonary disease. It is not meant to replace your judgment when caring for your patients.

#### Definition

Chronic obstructive pulmonary disease (COPD) refers to a group of diseases that cause airflow blockage and breathing-related problems.<sup>2</sup>

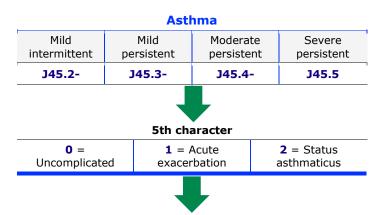
Asthma is a disease that affects the lungs with episodes of wheezing, difficulty breathing, and coughing.<sup>2,3</sup>

#### **General guidance**

- At each visit, evaluate and manage COPD and asthma with a treatment plan.
- An additional code is needed for the type of asthma when there is a specified type of asthma with COPD
- Use tobacco-use status and nicotine-dependence status using the ICD-10-CM<sup>4</sup> codes below, if applicable (see below).

ICD-10 code	Description	Additional codes to use	
F17.20-	Nicotine dependence, unspecified		
F17.21-	Nicotine dependence, cigarettes	Use 6th character for specificity of	
F17.22-	Nicotine dependence, chewing tobacco	dependence or in remission	
F17.29-	Nicotine dependence, other tobacco product		
Z72.0	Tobacco use NOS		
Z87.891	Personal history of nicotine dependence		

- Link diagnoses when appropriate.
- Document medications to support the diagnosis of COPD and asthma.



Example: J45.21

Mild intermittent asthma with acute exacerbation

ICD-10 code	Description	
J45.901	Unspecified asthma (e.g., asthmatic bronchitis NOS, childhood asthma NOS, late-onset asthma with acute exacerbation)	
J45.902	Unspecified asthma (e.g., asthmatic bronchitis NOS, childhood asthma NOS, late-onset asthma with status asthmaticus)	
J45.909	Unspecified asthma, uncomplicated (asthma NOS)	
J45.990	Exercise-induced asthma	
J45.991	Cough variant asthma	
J45.998	Other asthma	



## Chronic obstructive pulmonary disease and asthma

ICD-10 code	Description	Additional information	Additional codes to use	
J41.0	Simple chronic bronchitis	1		
J41.1	Mucopurulent chronic bronchitis			
J41.8	Mixed simple and mucopurulent chronic bronchitis		<ul> <li>Use additional code to identify:</li> <li>Tobacco dependence (F17)</li> <li>Tobacco use (Z72.0)</li> <li>History of tobacco dependence (Z87.891)</li> <li>Exposure to environmental tobacco smoke (Z77.22)</li> <li>Occupational exposure to environmental tobacco smoke (Z77.21)</li> </ul>	
J42.0	Unspecified chronic bronchitis	<ul><li>Chronic bronchitis NOS</li><li>Chronic tracheitis</li><li>Chronic tracheobronchitis</li></ul>		
J43.0	Unilateral pulmonary emphysema [MacLeod's syndrome]	<ul> <li>Swyer-James syndrome</li> <li>Unilateral emphysema</li> <li>Unilateral pulmonary artery functional hypoplasia</li> <li>Unilateral transparency</li> </ul>		
J43.1	Panlobular emphysema	Panacinar emphysema		
J43.2	Centrilobular emphysema (Z57.31) Other emphysema		(237.31)	
J43.8				
J43.9	Emphysema, unspecified	<ul> <li>Bullous emphysema (lung)(pulmonary)</li> <li>Emphysema (lung) (pulmonary)(NOS)</li> <li>Emphysematous bleb</li> <li>Vesicular emphysema (lung)(pulmonary)</li> </ul>		
J44.0	Chronic obstructive pulmonary disease with acute lower respiratory infection	I	Use additional code to identify: • The infection • Type of asthma, if applicable (J45)	
J44.1	Chronic obstructive pulmonary disease with (acute) exacerbation	<ul> <li>Decompensated COPD</li> <li>Decompensated COPD with (acute) exacerbation</li> </ul>	<ul><li>Use additional code to identify:</li><li>Type of asthma, if applicable (J45).</li></ul>	
J44.9	Chronic obstructive pulmonary disease, unspecified	<ul> <li>Chronic obstructive airway disease NOS</li> <li>Chronic obstructive lung disease NOS</li> <li>Chronic bronchitis with airway obstruction</li> <li>Excludes: Lung diseases due to external agents</li> </ul>	Use additional code to identify: • Type of asthma, if applicable (J45).	
J96.10	Chronic respiratory failure, unspecified whether with hypoxia or hypercapnia	1	Ι	
J96.11	Chronic respiratory failure with hypoxia			
J96.12	Chronic respiratory failure with hypercapnia			
J98.2			Use additional code to identify:	
J98.3	Compensatory emphysema		<ul> <li>Tobacco dependence (F17)</li> <li>Tobacco use (Z72.0)</li> <li>History of tobacco dependence (Z87.891)</li> <li>Exposure to environmental tobacco smoke (Z77.22)</li> <li>Occupational exposure to environmental tobacco smoke (Z57.31)</li> </ul>	

1 Diagnosis inaccuracies that are not addressed can result in administrative sanctions and potential financial penalties.

2 "What is COPD?" Centers for Disease Control and Prevention (CDC). 30 June 2023. Retrieved from

https://www.CDC.gov/copd/index.html.

3 "Asthma." CDC. 22 May 2023. Retrieved from https://www.CDC.gov/asthma/default.htm.

4 International Classification of Diseases, 10th Revision, Clinical Modification.



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