

PREVENTIVE DRUGS BY CONDITION



July 2015

Preventive care coverage is an integral part of a comprehensive health care plan that includes preventive drug therapies. Under some plans, you may not be required to pay a copay, coinsurance (the percentage of the cost of your covered medical expenses after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for preventive medications.

Preventive medications are those prescribed to prevent the occurrence of a disease or condition for those individuals with risk factors, or to prevent the recurrence of a disease or condition for those who have recovered, and do not include medications used to treat an existing illness, injury or condition. Preventive medications are those used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

Refer to your plan materials to determine if your plan includes a preventive medication coverage feature.

Health care reform and you

The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. This important legislation will result in changes to every American’s health coverage. Some of the changes took effect in 2010, and most of the law’s effects will be felt by 2014. Cigna will comply with all provisions of the law including those that impact your pharmacy coverage plan. For example, depending upon the final government regulations, coverage for medications that have not traditionally been included in pharmacy plans, such as specific over-the-counter (OTC) medications, may be made available at no cost share to you. As with all covered medications, we would require a prescription

from your doctor to process the claim under your pharmacy plan (including OTC medications).

To get the most current information, visit **InformedOnReform.com** or **myCigna.com** and look for the “Informed on Reform” link.

If you have any questions

Remember, this list is just a sample of the most commonly used medications, and is subject to change. You can use the Prescription Drug Price Quote tool available on **myCigna.com** to see and compare the prices of all medications covered under your plan. Or, you can call the number on the back of your ID card to speak with a customer service representative at any time.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

Please note, brand name medications start with a capital letter, and generic medications start with a lowercase letter. If a brand name medication has an equivalent generic available, it will be listed next to the brand name in parentheses.

*Medications marked with an asterisk are considered to be specialty medications. Some plans may cover specialty medications at different benefit levels. Refer to your enrollment materials for more information.

Asthma Related

Accolate (zarfirlukast)
 Accuneb (albuterol sulfate)
 Advair Diskus
 Advair HFA
 Aerospan
 albuterol sulfate
 (nebulizer solution)
 Alvesco
 Anoro Ellipta
 Arcapta Neohaler
 Arnuity Ellipta
 Asmanex
 Atrovent HFA
 Breo Ellipta
 Brovana
 Cafcit (caffeine citrate)
 Combivent Respimat
 cromolyn sodium inhalation
 solution
 Dulera
 Duoneb (albuterol sulfate/
 ipratropium)
 Elixophylline
 (theophylline anhydrous)
 Flovent
 Flovent Diskus
 Flovent HFA
 Foradil
 Incruse Ellipta
 ipratropium bromide
 Lufyllin (dyphylline)
 Lufyllin-400
 metaproterenol sulfate
 Perforomist
 ProAir HFA
 Proventil HFA
 Pulmicort (budesonide)
 Pulmicort Flexhaler
 Qvar
 S-2 Racepinephrine
 (racepinephrine HCl)
 Serevent Diskus
 Singulair (montelukast)
 Spiriva
 Spiriva Respimat
 Striverdi Respimat
 Symbicort
 terbutaline sulfate
 Theo-24
 Theophylline
 theophylline anhydrous
 Tudorza Pressair
 Ventolin HFA
 (albuterol sulfate)
 Vospire ER (albuterol sulfate)
 Xolair
 Xopenex (levalbuterol)
 Xopenex Concentrate
 (levalbuterol HCl)

Xopenex HFA
 Zyflo
 Zyflo CR

Blood Pressure Related

Accupril (quinapril)
 Accuretic (quinapril HCl/hctz)
 Aceon (perindopril erbumine)
 acetazolamide
 Adalat CC (nifedipine)
 Aldactazide (spironolactone/
 hctz)
 Aldactone (spironolactone)
 Altace (ramipril)
 amiloride HCl
 amiloride/hydrochlorothiazide
 Amturnide
 Atacand (candesartan)
 Atacand HCT
 (candesartan/hctz)
 Avalide (irbesartan/hctz)
 Avapro (irbesartan)
 Azor
 benazepril HCl
 benazepril HCl/hctz
 Benicar
 Benicar HCT
 Betapace (sotalol HCl)
 Betapace AF (sotalol HCl)
 betaxolol
 Bumex (bumetanide)
 Bystolic (nebivolol HCl)
 Caduet (amlodipine/
 atorvastatin calcium)
 Calan (verapamil)
 Calan SR (verapamil)
 captopril
 captopril/hctz
 Cardene SR
 Cardizem (diltiazem)
 Cardizem CD (diltiazem)
 Cardizem LA (diltiazem HCl)
 Cardura (doxazosin mesylate)
 Cardura XL
 (doxazosin mesylate)
 Catapres (clonidine HCl)
 Catapres-TTS 1 (clonidine)
 Catapres-TTS 2 (clonidine)
 Catapres-TTS 3 (clonidine)
 chlorothiazide
 chlorthalidone
 clonidine HCl/chlorthalidone
 Coreg (carvedilol)
 Coreg CR
 Corgard (nadolol)
 Corzide (bendroflumethiazide/
 nadolol)
 Cozaar (losartan potassium)
 Demadex (torsemide)

Demser
 Diamox Sequels
 (acetazolamide)
 Dibenzyline
 Dilacor XR (diltiazem)
 diltiazem
 diltiazem HCl
 Diovan (valsartan)
 Diovan HCT (valsartan/hctz)
 Diuril
 Dutoprol
 Dyazide (triamterene/hctz)
 Dyrenium
 Edarbi
 Edarbyclor
 Edecrin
 Epaned
 Exforge
 (amlodipine/valsartan)
 Exforge HCT (amlodipine/
 valsartan/hctz)
 felodipine
 fosinopril sodium
 fosinopril sodium/hctz
 furosemide
 hydralazine HCl
 hydrochlorothiazide
 Hyzaar (losartan/hctz)
 indapamide
 Inderal LA (propanolol HCl)
 Innopran XL (propanolol HCl)
 Inspra (eplerenone)
 isradipine
 labetalol HCl
 Lasix (furosemide)
 Levatol
 lisinopril/hctz
 Lopressor
 (metoprolol tartrate)
 Lopressor HCT
 (metoprolol/hctz)
 Lotensin (benazepril HCl)
 Lotensin HCT (benazepril HCl/
 hctz)
 Lotrel (amlodipine besylate/
 banazepril)
 Mavik (trandolapril)
 Maxzide (triamterene/hctz)
 methyclothiazide
 methyl dopa
 methyl dopa/hctz
 metolazone
 metoprolol succinate
 metoprolol tartrate
 Micardis (telmisartan)
 Micardis HCT
 (telmisartan/hctz)
 Microzide
 (hydrochlorothiazide)

Blood Pressure Related *(continued)*

Minipress (prazosin HCl)
minoxidil
moexepiril HCl/hctz
Naturetin-5
Neptazane (methazolamide)
nicardipine HCl
nimodipine
nisoldipine
Norvasc (amlodipine besylate)
Nymalize
pindolol
Prinivil (lisinopril)
Procardia (nifedipine)
Procardia XL (nifedipine)
propranolol HCl
propranolol/hctz
reserpine
Sectral (acebutolol HCl)
Sotylize (sotalol HCl)
Sular (nisoldipine)
Tarka (trandolapril/verapamil)
Tekamlo
Tekturna
Tekturna HCT
Tenex (guanfacine HCl)
Tenoretic 100 (chlorthalidone/
atenolol)
Tenoretic 50 (chlorthalidone/
atenolol)
Tenormin (atenolol)
terazosin HCl
Teveten (eprosartan mesylate)
Teveten HCT
Tiazac (diltiazem)
timolol maleate
Toprol XL (metoprolol
succinate)
Trandate (labetalol HCl)
triamterene/hctz
Tribenzor
Twynsta (telmisartan/
amlodipine)
Univasc (moexepiril HCl)
Vaseretic (enalapril maleate/
hctz)
Vasotec (enalapril maleate)
Vecamyl - mecamlamine HCl
Verelan (verapamil)
Verelan PM (verapamil)
Zebeta (bisoprolol fumarate)
Zestoretic (lisinopril/hctz)
Zestril (lisinopril)
Ziac (bisoprolol/hctz)

Blood Thinner Related

Aggrenox
Brilinta
Coumadin (warfarin)
Effient

Eliquis
Jantoven (warfarin)
Persantine (dipyridamole)
Plavix (clopidogrel bisulfate)
Pletal (cilostazol)
Pradaxa
Savaysa
Ticlid (ticlopidine HCl)
Xarelto
Zontivity

Cholesterol Related

Advicor
Altoprev
Antara
(fenofibrate, micronized)
Caduet (amlodipine/
atorvastatin)
Colestid (colestipol HCl)
Crestor
Fenoglide (fenofibrate)
Fibricor (fenofibric acid)
Lescol (fluvastatin HCl)
Lescol XL
Lipitor (atorvastatin calcium)
Lipofen (fenofibrate)
Liptruzet
Livalo
Lofibra (fenofibrate)
Lopid (gemfibrozil)
lovastatin
Lovaza (omega-3 acid ethyl
esters)
Mevacor (lovastatin)
Niacor
Niaspan (niacin)
Pravachol (pravastatin HCl)
pravastatin sodium
Questran (cholestyramine/
sucrose)
Questran Light
(cholestyramine/aspartame)
Simcor
Tricor (fenofibrate, micronized)
Triglide
Trilipix (fenofibric acid)
Vytorin
Welchol
Zetia
Zocor (simvastatin)

Diabetes Related

Actoplus Met (pioglitazone
HCl/metformin HCl)
Actoplus Met XR
Actos (pioglitazone HCl)
Afrezza
Amaryl (glimepiride)
Apidra
Apidra SoloStar
Avandamet
Avandaryl

Avandia
Bydureon
Bydureon Pen
Byetta
chlorpropamide
Cycloset
Diabeta (glyburide)
Duetact (pioglitazone/
glimiperide)
Farxiga
Fortamet (metformin HCl)
glipizide/metformin HCl
Glucophage (metformin HCl)
Glucophage XR
(metformin HCl)
Glucotrol (glipizide)
Glucotrol XL (glipizide)
Glucovance
(glyburide/metformin)
Glumetza
Glynase (glyburide
micronized)
Glyset
Glyxambi
Humalog
Humalog Mix 50/50
Humalog Mix 75/25
Humulin 70/30
Humulin N
Humulin R
Invokamet
Invokana
Janumet
Janumet XR
Januvia
Jardiance
Jentadueto
Kazano
Kombiglyze XR
Lantus
Lantus SoloStar
Levemir
Levemir FlexTouch
Nesina
Novolin 70/30
Novolin N
Novolin R
Novolog
Novolog Mix 70/30
Onglyza
Oseni
Prandimet
Prandin (repaglinide)
Precose (acarbose)
Riomet
Starlix (nateglinide)
Symlin
SymlinPen 120
SymlinPen 60
Tanzeum
tolazamide
tolbutamide

Diabetes Related

(continued)

Toujeo Solostar
Tradjenta
Trulicity
Victoza
Xigduo XR

Osteoporosis Related

Actonel (risedronate sodium
150 mg only)
Atelvia
Binosto
Boniva (ibandronate sodium)
etidronate disodium
Evista (raloxifene)
Forteo
(Fortical) calcitonin-salmon
Fosamax (alendronate sodium)
Fosamax Plus D (alendronate
sodium/vitamin D3)
Miacalcin
Skelid

Representative Prenatal Vitamins

*(Available as generic
where ^ is noted.)*

Active OB^
Bal-Care DHA Essential
Cadeau DHA
Citranatal 90 DHA^
Citranatal Assure^
Citranatal B-Calm
Citranatal DHA^
Citranatal Harmony^
Citranatal RX
Complete Natal DHA
Concept DHA^
Concept OB^

Duet DHA
Focalgin-B
folbecal
Folet DHA
Folet One
Infanate Balance
Marnatal-F
Maxinate
M-Vit
Natachew^
Natalins^
Natalvit
Natalle One^
Neevodha
Nestabs ABC
Nestabs DHA^
Nestabs^
Nexa Plus
OB Complete DHA^
OB Complete One
OB Complete Petite
OB Complete Premier
OB Complete with DHA
OB Complete^
Obstetrix EC
Obtrex DHA^
O-Cal FA
O-cal Prenatal
paire ob plus dha
Prefera OB^
Prefera-OB ONE^
Prefera-OB Plus DHA^
Prenata
prenatal 19
prenatal low iron
Prenatal Plus 90^
Prenatal Plus^
Prenatal U^
Prenatal Vitamin^
Prenatal-1^
Prenate AM
Prenate Chewable

Prenate DHA^
Prenate Elite^
Prenate Enhance
Prenate Essential^
Prenate Mini
Prenate Pixie
Prenate Plus^
Prenate Restore
Prenate Star
Preque 10^
Provida OB
Purefe OB Plus
Purefe Plus
Select-OB
taron bc
Taron-Prenexa^
TL Folate
Tricare
Tricare Prenatal DHA ONE^
triveen-duo dha
Ultimatecare One NF^
Vena-Bal DHA^
venatal complete dha
Vinate Care
Vinate DHA RF
Vinate II^
Virt-Bal DHA Balance
Vitafof Nano
Vitafof Ultra
Vitafof-OB+DHA^
Vitafof-One
VitaMedMD One Rx
VitamedMD Plus Rx
VitamedMD Redichew Rx
Vitapearl
VIVA DHA^
Vol-Nate^
vol-plus
VOL-TAB RX^
VP CH Ultra
VP-PNV-DHA
Zatean-CH



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

"Cigna" and the "Tree of Life" logo are registered service marks, and "Cigna Home Delivery Pharmacy" and "Together, all the way." are service marks of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries, and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Tel-Drug, Inc., Tel-Drug of Pennsylvania, LLC, and HMO subsidiaries of Cigna Health Corporation. "Cigna Specialty Pharmacy Services" refers to the specialty drug division of Tel-Drug, Inc. and Tel-Drug of Pennsylvania, LLC, doing business as Cigna Home Delivery Pharmacy. All models are used for illustrative purposes only.