

Fax completed form to: (855) 840-1678
If this is an URGENT request, please call (800) 882-4462 (800.88.CIGNA)

## Zulresso (brexanolone)

| PHYSICIAN INFORMATION   |  |                              | PATIENT INFORMATION  |                      |        |  |
|---|--|------------------------------|--|----------------------|--------|--|
| * Physician Name:   |  |                              | *Due to privacy regulations we will not be able to respond via fax with the outcome of our review unless all asterisked (*) items on |                      |        |  |
| Specialty:  | * DEA, NPI or TIN:                       |                              | this form are completed.*  |                      |        |  |
| Office Contact Person:  |  |                              | * Patient Name:  |                      |        |  |
| Office Phone:   |  |                              | * Cigna ID:  | * Date of Birth:     |        |  |
| Office Fax:   |  |                              | * Patient Street Address:  |                      |        |  |
| Office Street Address:  |  |                              | City:  | State:               | Zip:   |  |
| City:   | State:                                   | Zip:                         | Patient Phone:   |                      | -      |  |
| Urgency:  ☐ Standard ☐ Urgent (In checking this box, I attest to the fact that applying the standard review time frame may seriously jeopardize the customer's life, health, or ability to regain maximum function) |  |                              |  |                      |        |  |
| Medication Requested:   | cation Requested:   Zulresso IV infusion |                              | other (please specify):  |                      | ICD10: |  |
| Directions for use:   | Dose:                                    |                              | Quantity:  | Duration of therapy: |        |  |
| Where will this medication be obtained?  ☐ Accredo Specialty Pharmacy** ☐ Hospital Outpatient ☐ Prescriber's office stock (billing on a medical claim form) ☐ Other (please specify):                               |  |                              | ☐ Retail pharmacy<br>☐ Home Health / Home Infusion vendor<br>**Cigna's nationally preferred specialty pharmacy                       |                      |        |  |
| **Medication orders can be placed with Accredo via E-prescribe - Accredo (1620 Century Center Pkwy, Memphis, TN 38134-8822   NCPDP 4436920), Fax 888.302.1028, or Verbal 866.759.1557                               |  |                              |  |                      |        |  |
| Facility and/or doctor disp<br>Facility Name:<br>Address (City, State, Zip Co   | _  | ministering medica<br>State: | tion:<br>Tax ID#:  |                      |        |  |
| Is the requested medication for a chronic or long-term condition for which the prescription medication may be necessary for the life of the patient?  |  |                              |  |                      |        |  |
| Diagnosis:  |  |                              |  |                      |        |  |
| ☐ Postpartum Depression ☐ Other (please specify)  |  |                              |  |                      |        |  |

| Clinical Information:  |                          |  |  |  |  |  |
|--|--------------------------|--|--|--|--|--|
| **This drug requires supportive documentation (chart notes, lab and test results, etc). Supportive documentation for all answers must be attached with this request**  |                          |  |  |  |  |  |
| Has your patient been diagnosed with moderate to severe depression with symptom onset during the third trimester of pregnancy or up to 4 weeks post-delivery?  |                          |  |  |  |  |  |
| Is your patient 6 months or less postpartum?   | ☐ Yes ☐ No               |  |  |  |  |  |
| Is your patient currently pregnant?  | ☐ Yes ☐ No               |  |  |  |  |  |
| Is the requested medication being prescribed by (or in consultation with) a psychiatrist or an obstetrician-gynecologist?  |                          |  |  |  |  |  |
| Has your patient already been treated with Zulresso for this current episode of Postpartum Depression?   | ☐ Yes ☐ No<br>☐ Yes ☐ No |  |  |  |  |  |
| (if yes) Please provide details, including dates.  |                          |  |  |  |  |  |
|  |                          |  |  |  |  |  |
| Additional pertinent information Please provide clinical rationale for the use of this drug for your patient (date of d patient history, alternatives tried, any inability to use alternatives above or standard therapy, etc). Please include dru date(s) taken and for how long, and what the documented results were of taking each drug, including any intolerance reactions your patient experienced. | g name(s),               |  |  |  |  |  |
| Attestation: I attest the information provided is true and accurate to the best of my knowledge. I understand that the Health Plan or insurer its designees may perform a routine audit and request the medical information necessary to verify the accuracy of the information reported on this form.   |                          |  |  |  |  |  |
| Prescriber Signature: Date:  |                          |  |  |  |  |  |
| Save Time! Submit Online at: <a href="https://www.covermymeds.com/main/prior-authorization-forms/cigna/">www.covermymeds.com/main/prior-authorization-forms/cigna/</a> or via SureScripts in your EHR.   |                          |  |  |  |  |  |
| Our standard response time for prescription drug coverage requests is 5 business days. If your request is urgent, it is important that you call us to expedite the request. View our Prescription Drug List and Coverage Policies online at cigna.com.   |                          |  |  |  |  |  |

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